



INTRODUCING... FORTIMEL PLANTBASED ENERGY

Our first ever plant-based oral nutritional supplement

As a growing number of patients embrace a plant-based diet, we recognise the importance of providing an oral nutritional supplement (ONS) that can meet your patients' lifestyle preferences and nutritional needs.

Fortimel PlantBased Energy is a high energy, nutritionally complete, ready to drink plant-based ONS that is made with pea & soy protein and is suitable for a vegan diet.

This content is for healthcare professionals only.
Fortimel PlantBased Energy is a Food for Special Medical Purposes for the dietary management of disease related malnutrition and must be used under medical supervision.

MEETING PATIENTS' MEDICAL NUTRITIONAL NEEDS & SUPPORTING LIFESTYLE PREFERENCES



High Energy & Nutritionally Complete

Designed to meet the increased energy requirements of patients with disease related malnutrition



12g Plant Protein

Contains a blend of high quality plant protein made from pea & soy sources which meets the FAO 2013 recommended amino acid reference pattern for adults and has a PDCAAS* of 1¹⁻³



Suitable for a Vegan Diet

Lactose free and cow's milk protein free



Available in Two Delicious Flavours, Liked and Selected by Healthy Adults**

A refreshing blend of passionfruit and mango flavours
Mocha – our signature blend of coffee & chocolate flavours

* Protein Digestibility Corrected Amino Acid Score

**Product evaluation with n=83 healthy adults above 40 years old (2021, Spain)

1. Rutherford SM, et al. J Nutr. 2015;145(2):372-9. 2.
2. Yang H, et al. Agro Food Ind Hi-Tech. 2012;23:8-10.
3. Report of an FAO Expert Consultation. 2013.

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NUTRICIA
Fortimel
PlantBased Energy

AN INNOVATION SUPPORTED BY EVIDENCE

In a single arm, 4-week intervention study among community-living patients at risk of malnutrition:^{4,5}



Patients and healthcare professionals reported Fortimel PlantBased Energy was well tolerated



Patients were 94% compliant to their prescription of Fortimel PlantBased Energy over the 4 week intervention



Fortimel PlantBased Energy significantly increased daily energy and protein intake compared to baseline



Malnutrition risk according to MUST* score was significantly reduced in patients at high nutritional risk over the 4-week intervention period

* Malnutrition Universal Screening Tool

4. Griffen C, et al. Abstract no. ESPEN22-LB-2147. Presented at ESPEN Congress, Vienna, 3rd-6th September 2022.

5. Delsoglio M, et al. Abstract no. ESPEN22-LB-2139. Presented at ESPEN Congress, Vienna, 3rd-6th September 2022

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