Nutricia understands that treating patients as individuals is an important part of the care you provide. For this reason, we have developed this interactive document to support you in your decision-making. This document will help you quickly search for and find the most appropriate medical nutrition products for each patient, whatever their nutritional needs and personal preferences. Simply click on the most relevant patient profile story below and navigate your way to a choice of the most appropriate solutions we recommend.

DISEASE-RELATED MALNUTRITION: WEAKNESS AND LOW ENERGY

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS

DISEASE-RELATED MALNUTRITION: GASTROINTESTINAL TOLERANCE

TAILORED SOLUTIONS FOR SPECIFIC NUTRITIONAL NEEDS



TASTE/

FOODS FOR SPECIAL MEDICAL PURPOSES (FSMP) FOR PATIENTS DIAGNOSED WITH A NUTRITIONAL NEED



I'm exhausted and I've got no energy and I'm losing weight



feel so tired and do not have the energy to do anything. I sleep throughout the day



No desire to eat, food is unappealing and it's too much energy to prepare any food^{*}

A wide choice of foods for special medical purposes varying in energy, protein and micronutrient levels, formats and flavours to meet nutritional needs and patient preferences

DISEASE-RELATED MALNUTRITION:

WEAKNESS AND LOW ENERGY

PATIEN	PROTEIN & ENERGY	ENERGY	FIBRE	TOP-UP	BOWEL FUNCTION	MALABSORPTION	PRE-THICKENED ONS	THICKE
PA	For patients who need high protein	For patients who need high nutrient density	For patients who need increased fibre intake	For patients who need a top-up	For patients who need help to support their bowel function	For patients with maldigestion/ malabsorption	For patients who need thickened ONS for safer swallowing	For patients who new food/fluids for safe
SMALL VOLUME	Fortimel Compact Protein	Fortimel Compact Energy	Fortimel Compact Fibre	Calogen Finite Calogen Extra Shots Calogen Extra Calogen Extra Calogen			Nutilis Complete Stage 1 Stage 2	Nutilis Clear
FULL	Fortimel Extra 2kcalFortimel ExtraFortimel ProteinImage: Strain Str	Fortimel Energy	Fortimel Energy Multi Fibre	Polycal	Fortimel Energy Multi Fibre	Fortimel Peptide HEHP		•
ABLE TO USE POWDERS	Fortimel Powder	Scandishake MixComplan ShakeImage: Complex state Standishake MixImage: Complex state Shake	Stimulance	ProtifarPolycalSuper Soluble MaxijulImage: Soluble	Stimulance			Nutilis Powder
TASTE ALTERATIONS	Fortimel Compact Protein Sensations flavours							
TEXTURE PREFERENCES & VARIETY	Forticrème Complete	Fortimel Yoghurt Style					Nutilis Complete Fruit Stage 3	

FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country to another.

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE





Eating causes me side effects like nausea, pain, and diarrhea, but I need to keep my weight up¹¹

Adapted compositions to support digestion and uptake challenges

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



I cough when I eat or drink, I have been told to have level 2 fluids



Thickeners and adapted textures to support eating and drinking with swallowing problems <

FOODS FOR SPECIAL MEDICAL PURPOSES (FSMP) FOR PATIENTS DIAGNOSED WITH A NUTRITIONAL NEED

TAILORED SOLUTIONS FOR SPECIFIC NUTRITIONAL NEEDS

I'm feeling weak, I've got no strength in my legs



I am frustrated at being in bed all the time and I am eating well but my pressure sore isn't healing*)



PATIEN	MUSCLE	WOUND	OMEGA-3	LOW GI	RENAL	COPD	PRE-SURGERY	EARLY ALZ
P	For patients who need muscle mass/function support	For patients who need help with wound healing	For patients with cancer who need nutritional support with omega-3	For patients who need lower glycaemic index	For patients who need lower electrolytes	For patients who have breathing difficulties	For patients preparing for surgery	For patients with Early A
SMALL			FortiCare		Renilon 7.5 Renilon 4.0	Respifor		Souvenaid
FULL	Fortimel Advanced	Cubitan		Diasip			preOp	
ABLE TO USE POWDERS	Fortimel Advanced Powder 1kcal							
TASTE ALTERATIONS								
TASTE/ TEXTURE PREFERENCES & VARIETY				Fortimel DiaCare Crème				

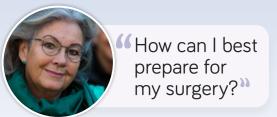
FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country to another.

I have diabetes and need to watch my diet

I have problems with my kidneys and need to watch my diet



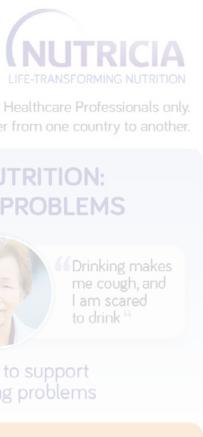
I am struggling to eat because I feel out of breath and don't feel hungry



A range of foods for special medical purposes with adapted nutrient composition to meet the specialized nutritional needs of patients with specific diseases, disorders or conditions







FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

Protein

18^g

Fibre

0^g

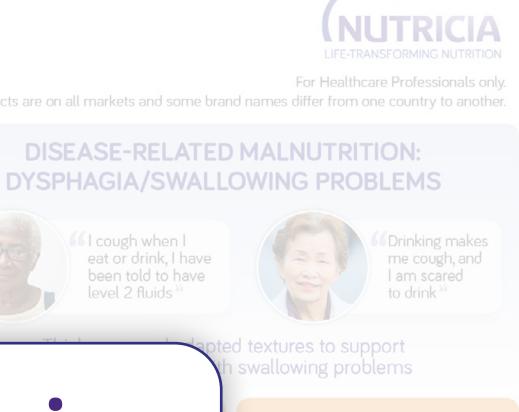
I am off my



and diarrhea, but I need to keep my weight up



I cough when I eat or drink. I have



Nutilis Clear



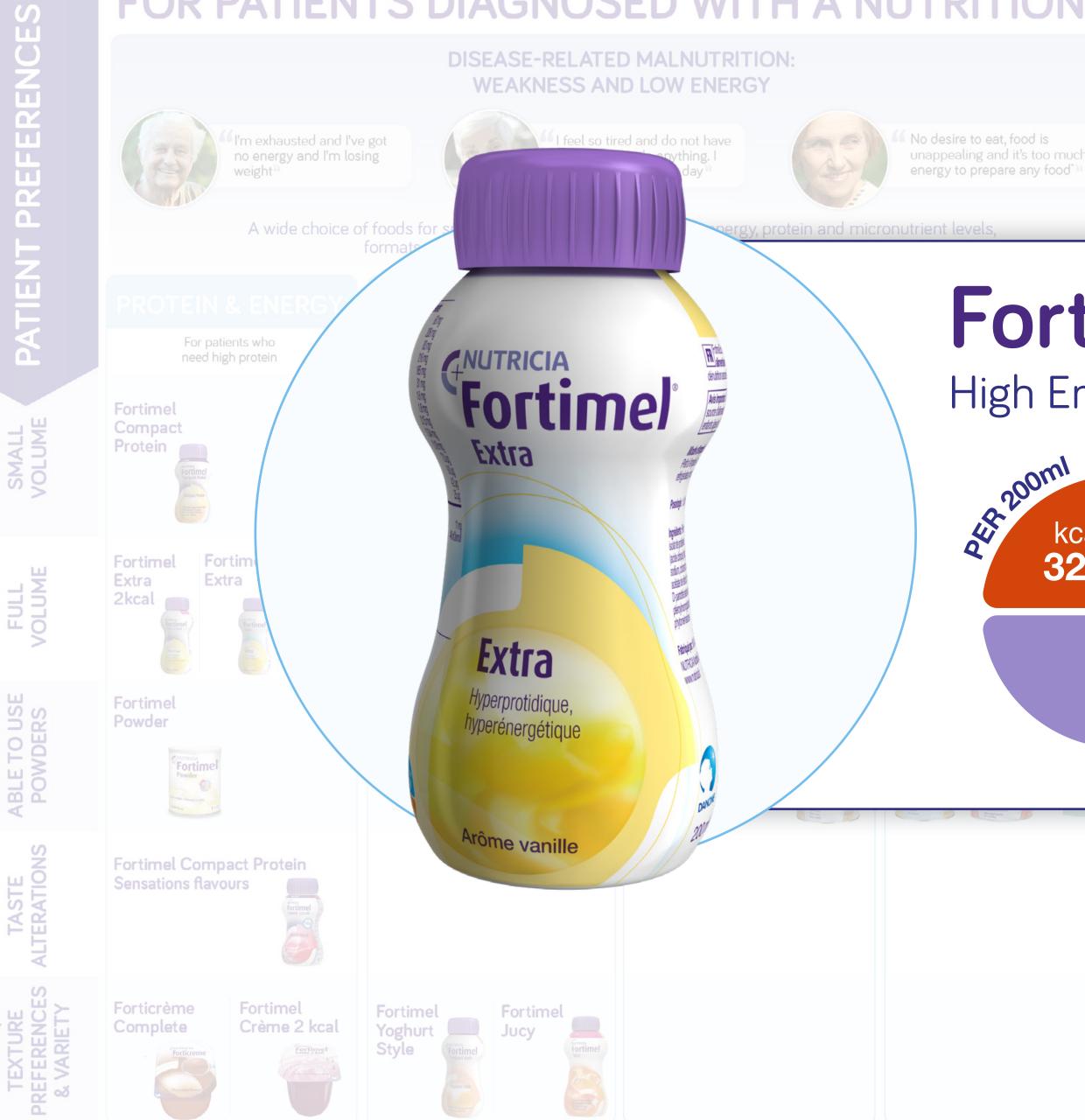
For patients who need high protein

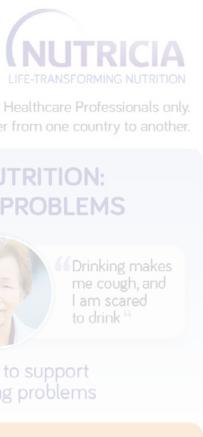
Flavours:

Neutral, Peach-Mango, Berries, Banana, Mocha, Strawberry, Vanilla

Nutilis Powder







FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food*

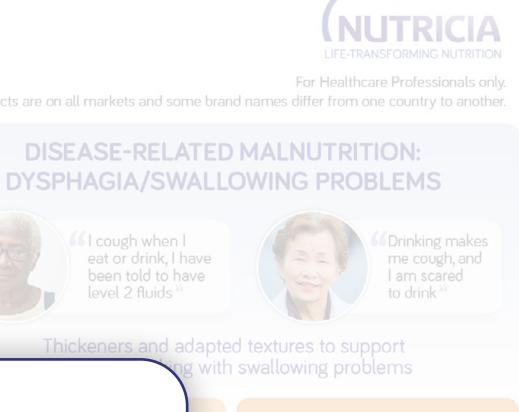


I am off my



and diarrhea, but I need to keep my weight up

eat or drink, I have



Thickeners and adapted textures to support

Fortimel Extra

High Energy, High Protein

Proteir

Fibre

N^g

20^g

kcal

320



Flavours:

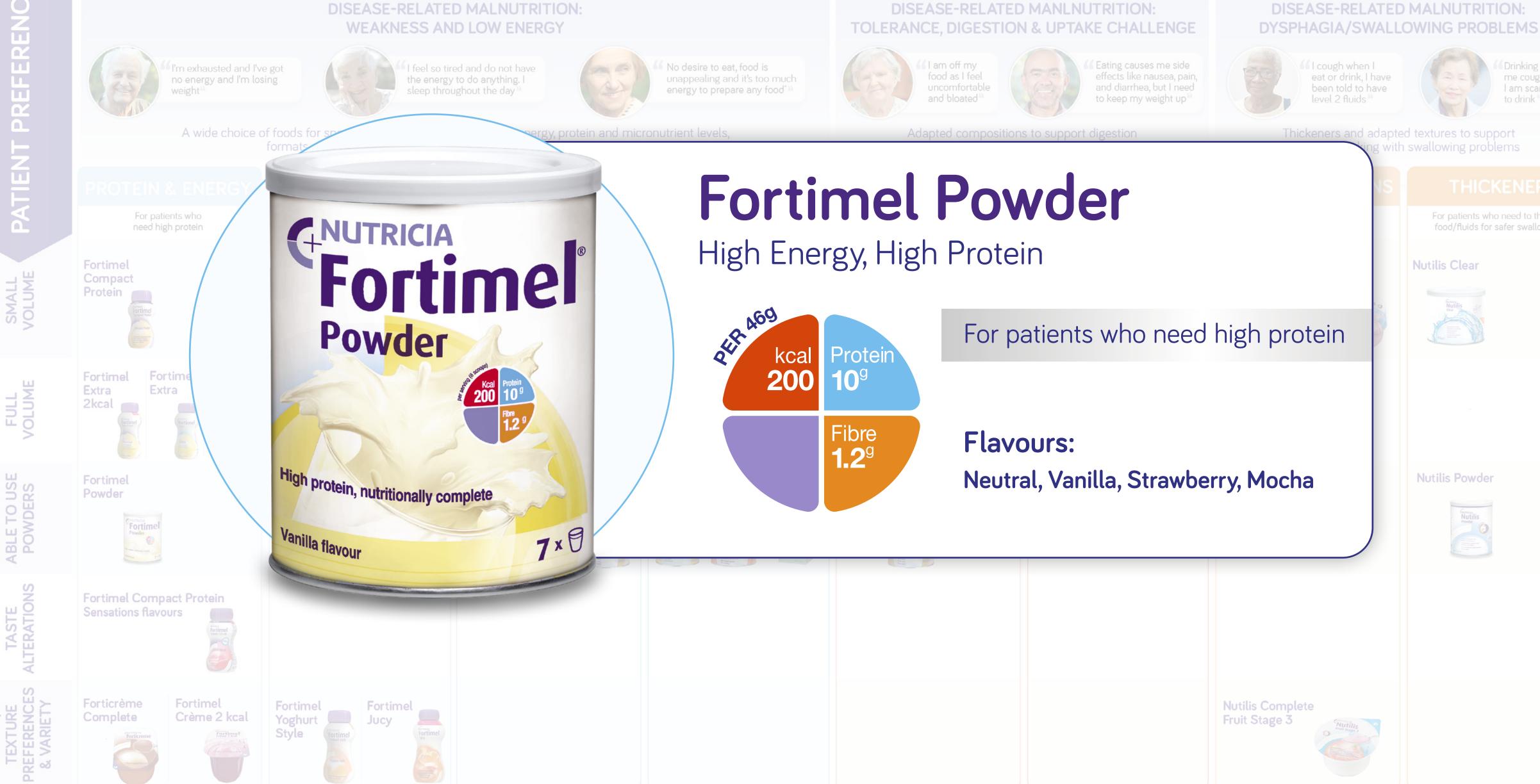
Vanilla, Strawberry, Forest Fruit, Mocha, Chocolate

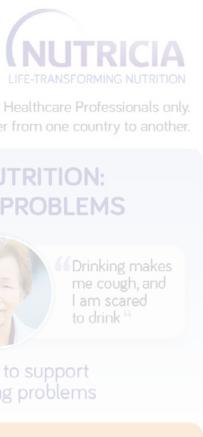


Nutilis Clear

Branna M			
		Nutilis Complete Fruit Stage 3	

For patients who need to thicken





Nutilis Clear

Nutilis Powder

FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country

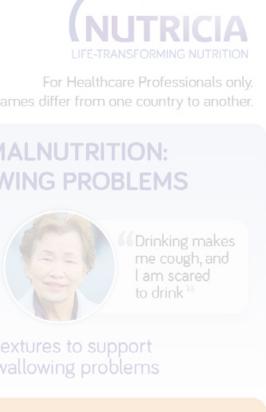
DISEASE-RELATED MANLNUTRITION:



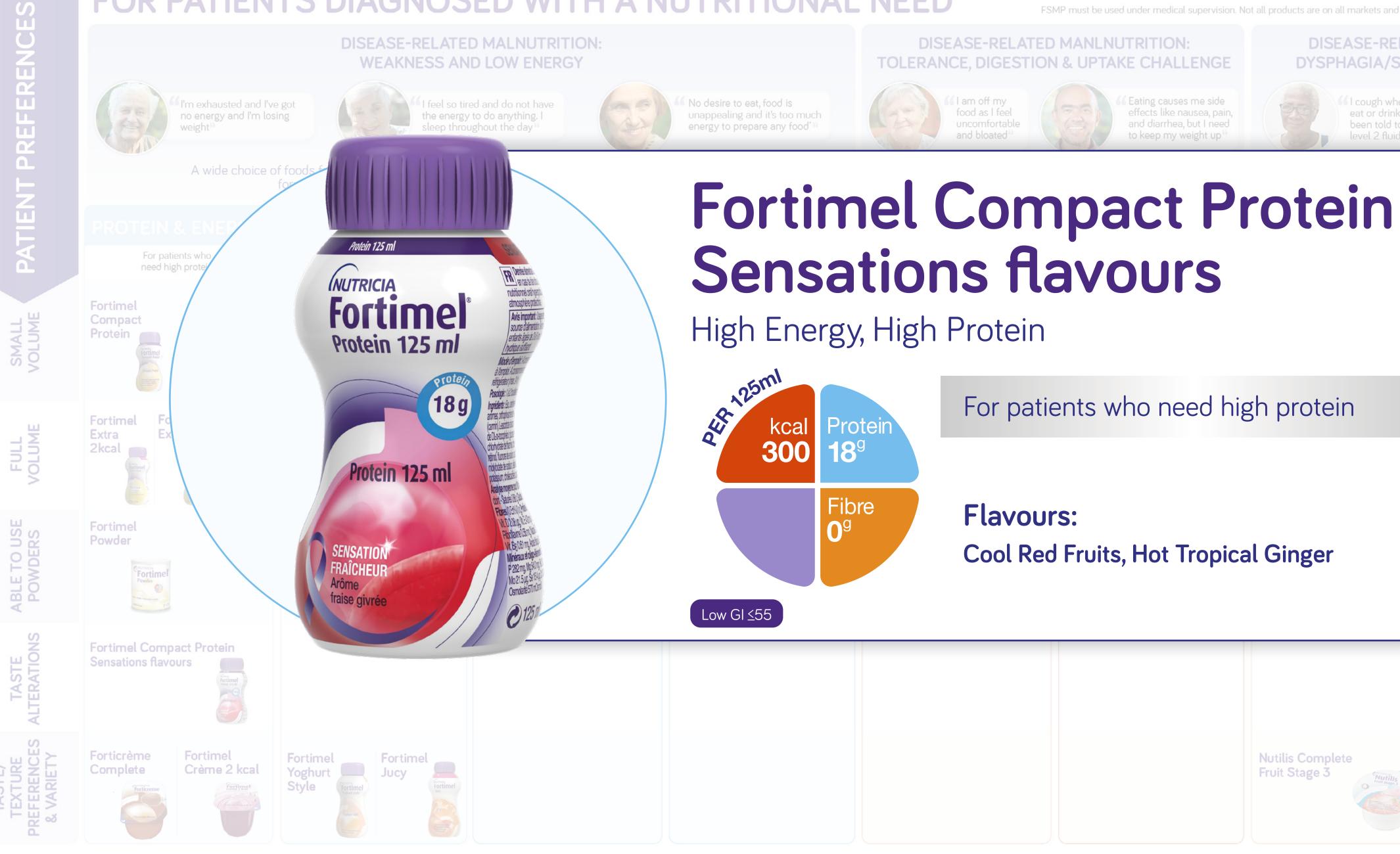








Thickeners and adapted textures to support

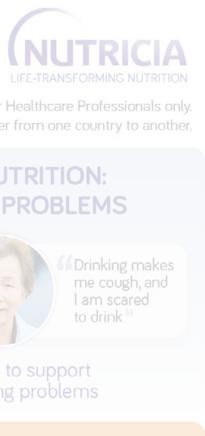


Protein

18^g

Fibre

N^g



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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

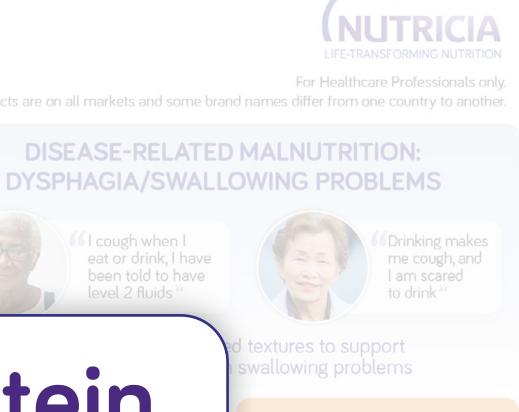




and diarrhea, but I need to keep my weight up



I cough when I eat or drink. I have



food/fluids for safer swallowing

Nutilis Clear



For patients who need high protein

Flavours: **Cool Red Fruits, Hot Tropical Ginger**

kcal

300

Nutilis Complete Fruit Stage 3

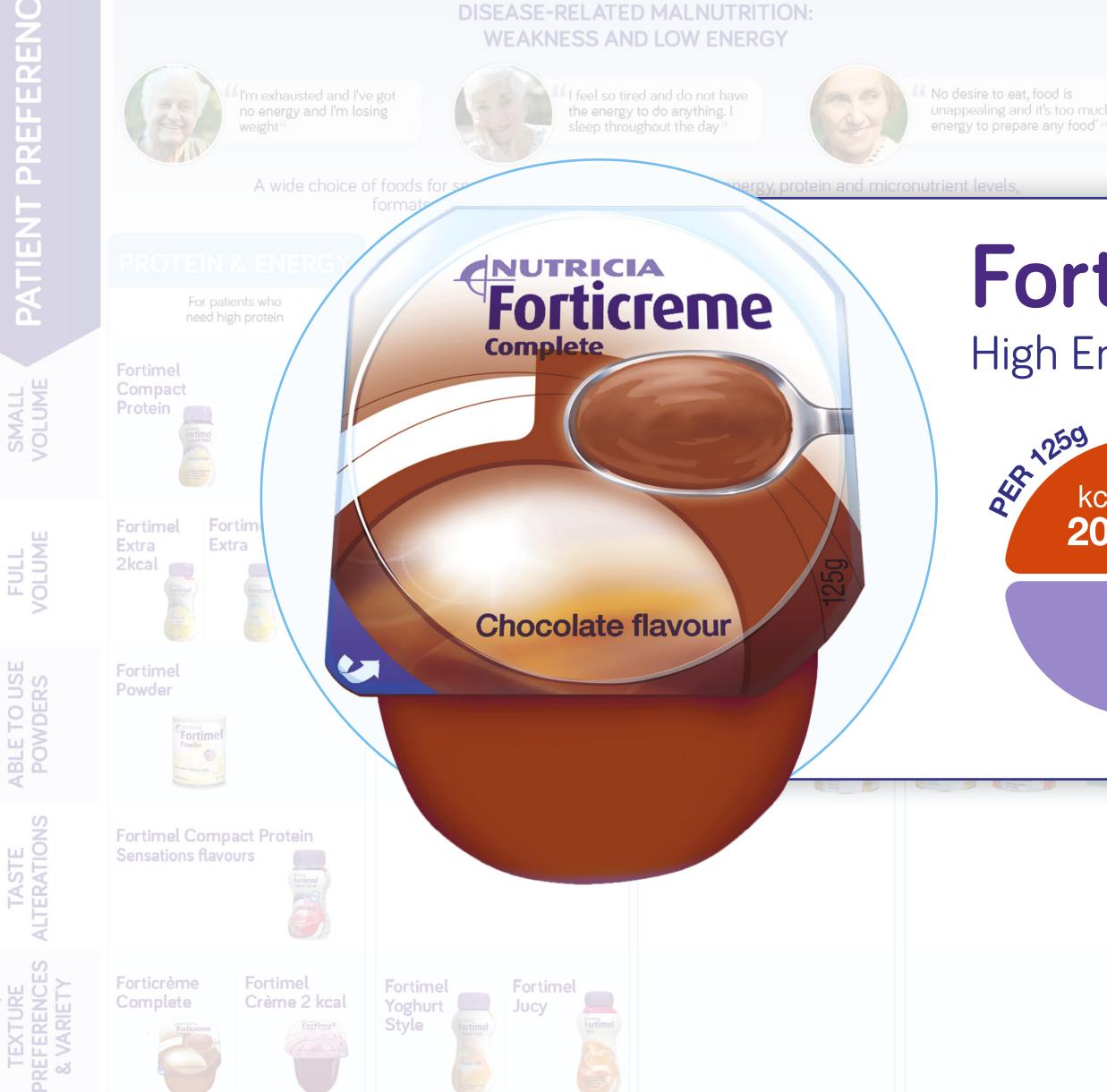


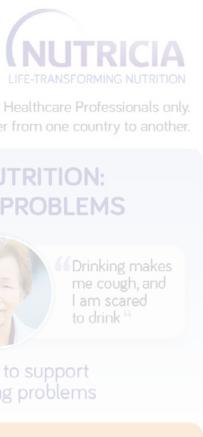




Nutilis Powder

	Nutilis	5
	Powder	
		0
2		





DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food"

Protein

12^g

Fibre

<**0.5**^g

kcal

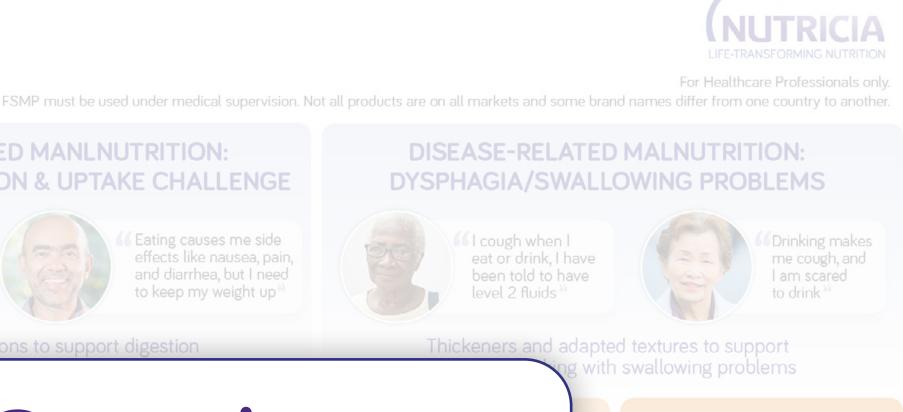
200



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

Forticrème Complete High Energy, High Protein

For patients who need high protein

and diarrhea, but I need

to keep my weight up

Flavours:

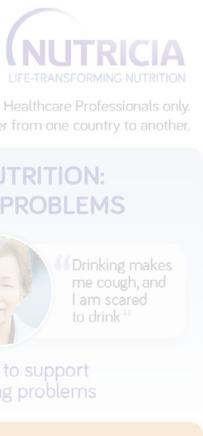
Vanilla, Chocolate, Banana, **Forest Fruit**



Nutilis Clear

Nutilis
Powder
0





DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS

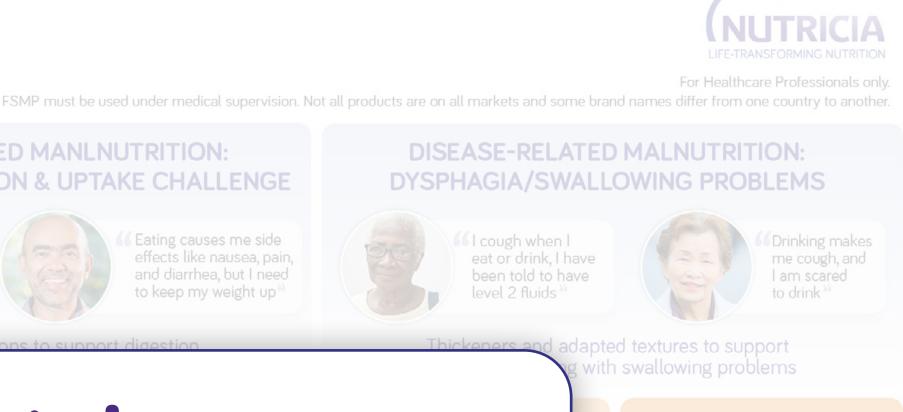




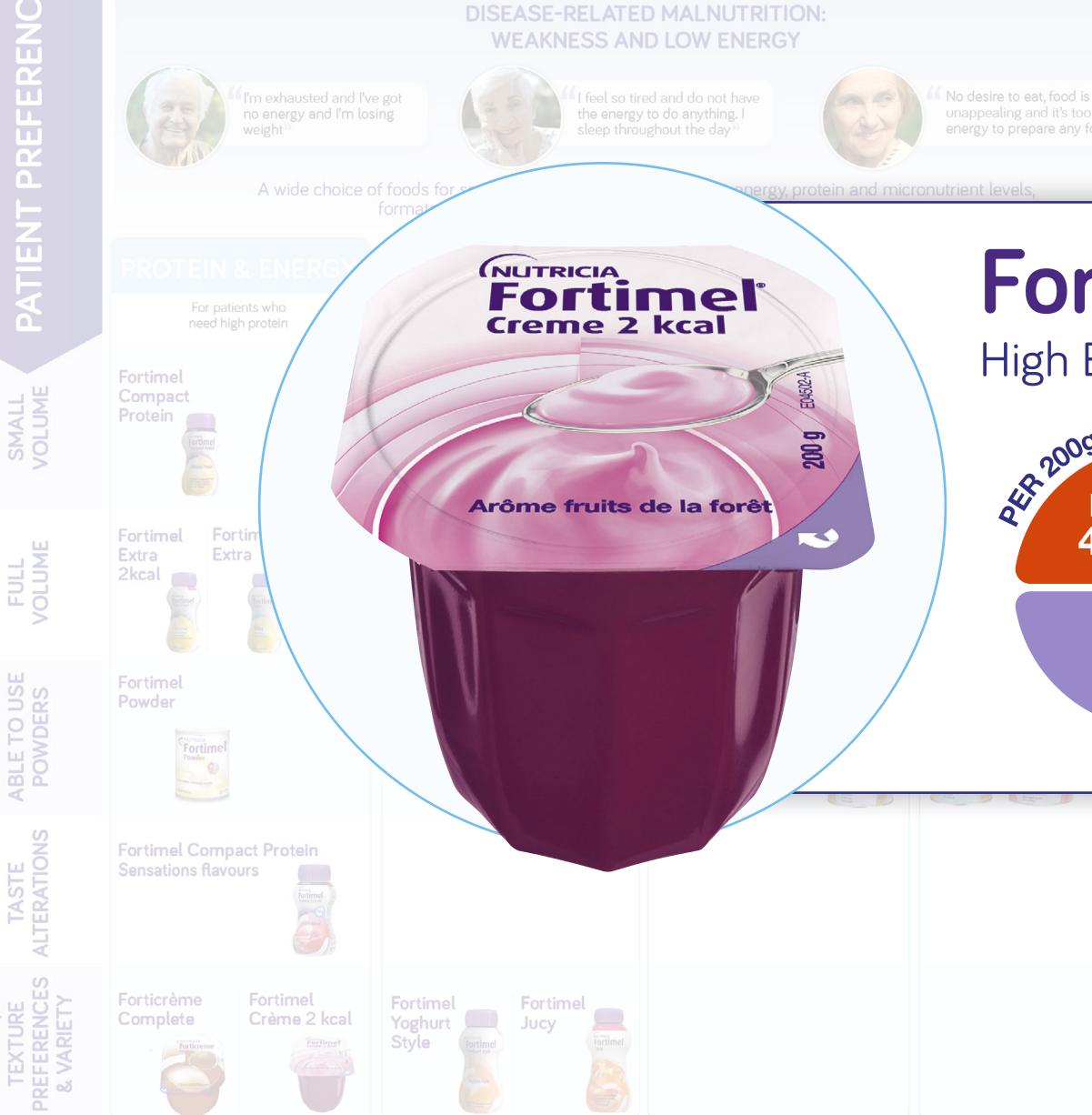


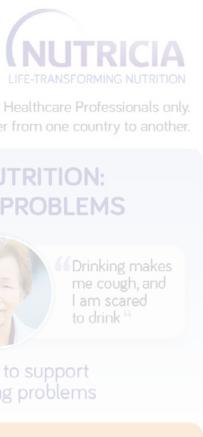






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		Nutilis Complete Fruit Stage 3	





FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food"

Fibre

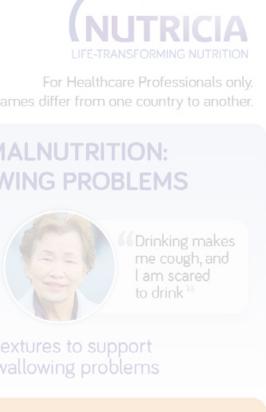
0.5^g



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support



Flavours:

Vanilla, Chocolate, Forest Fruit, **Banana and Mocha**

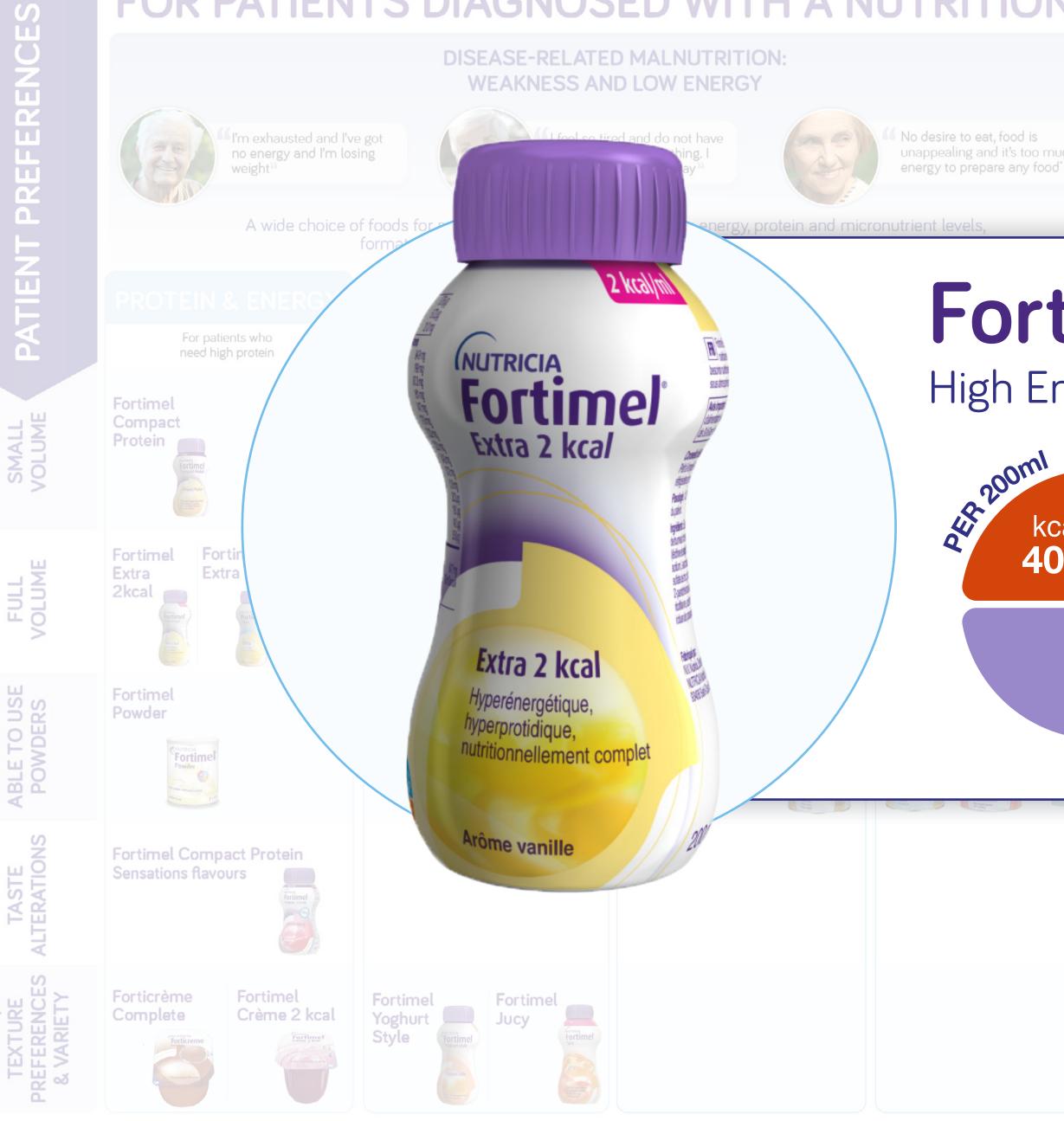
and diarrhea, but I need

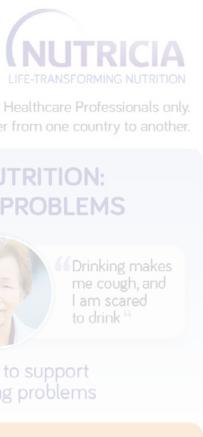
to keep my weight up

Nutilis Powder

Nutilis Clear







Nutilis Clear

Nutilis Powder

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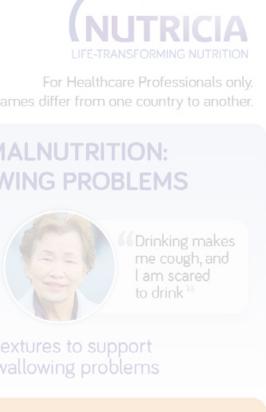
DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

Fortimel Extra 2 kcal

High Energy, High Protein

Protein

20.2⁹

Fibre

O^g

kcal

402

For patients who need high protein

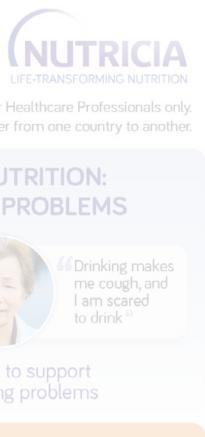
and diarrhea, but I need

to keep my weight up

Flavours:

Vanilla, Strawberry, Chocolate Caramel, Apricot, Forest Fruit, Mocha





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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food"

Protein

Fibre

0^g

12⁹

kcal

300



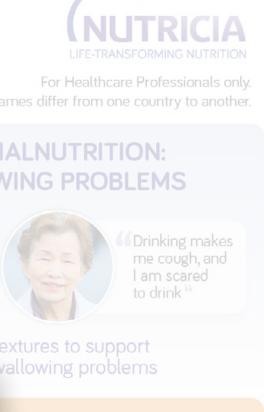


and diarrhea, but I need to keep my weight up

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

utilis Clear



For patients who need high nutrient density

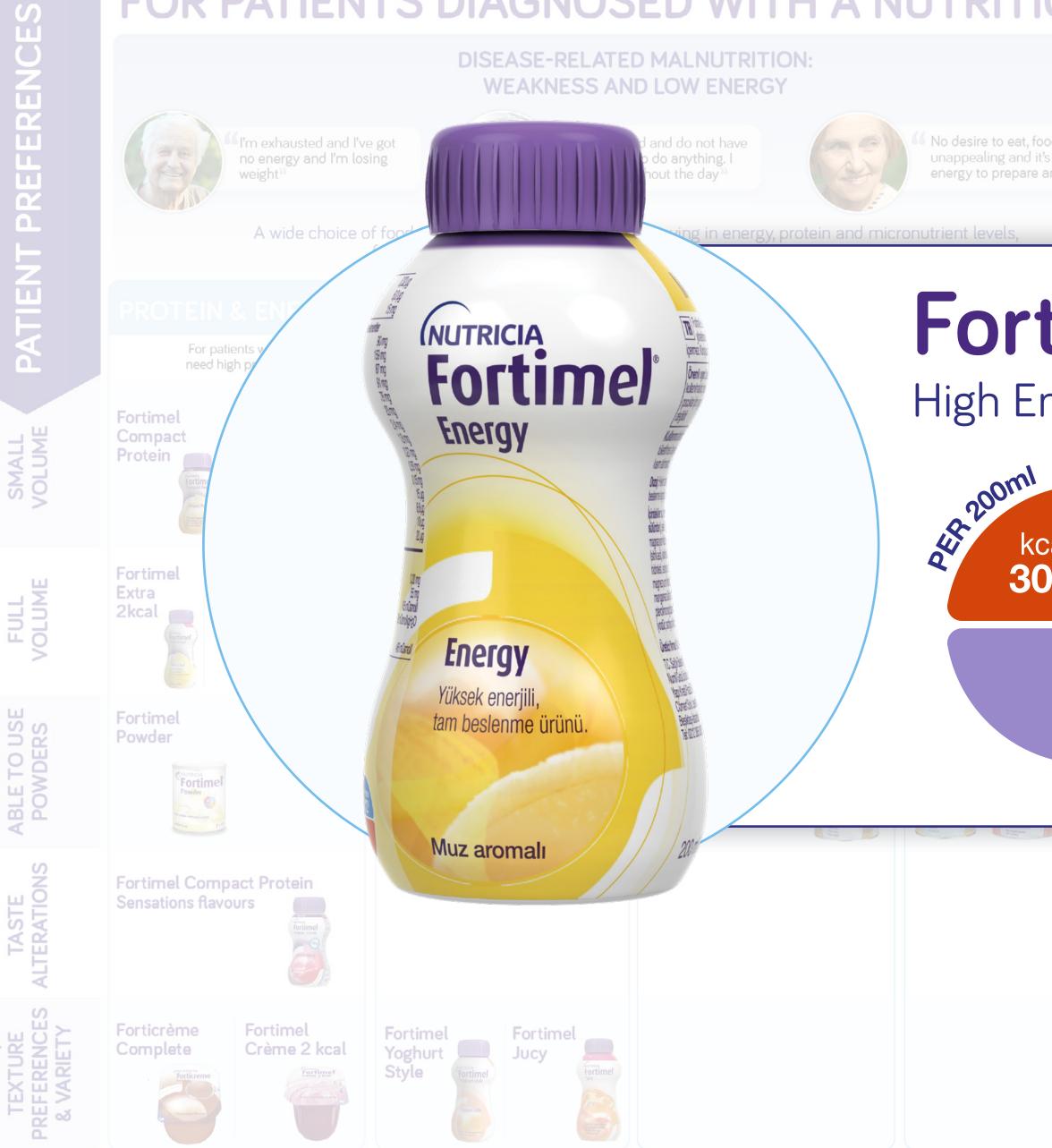
Flavours:

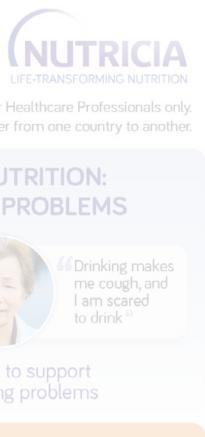
Vanilla, Strawberry, Banana, Mocha, Forest Fruit, Apricot, Chocolate

lutilis Powder









utilis Clear

FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one co

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

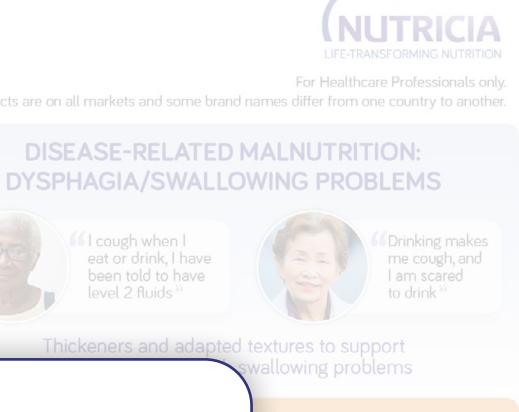
energy to prepare any food"





and diarrhea, but I need

I cough when I eat or drink, I have

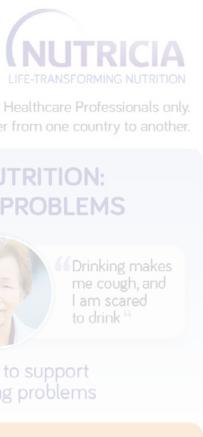


Thickeners and adapted textures to support

Fortimel Energy High Energy

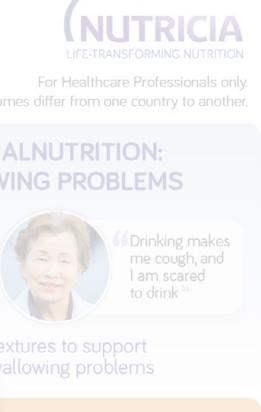
For patients who need high nutrient density Protein kcal 300 **12**^g Fibre Flavours: 0^g Vanilla, Banana, Strawberry, Chocolate, lutilis Powder Neutral, Caramel, Orange, Tropical Rumoa Powder





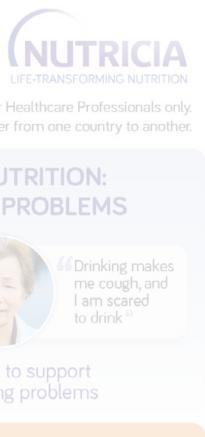












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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

Protein

Fibre

0^g

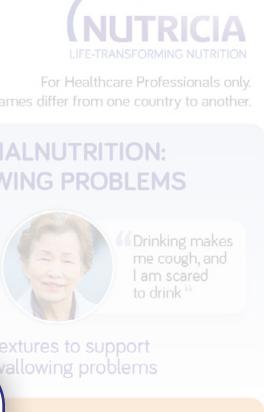
12^g



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

tilis Clear



For patients who need high nutrient density

and diarrhea, but I need

to keep my weight up

Flavours:

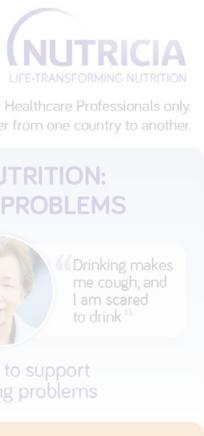
Vanilla-Lemon, Peach-Orange, Raspberry

ıtilis Powder









DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE





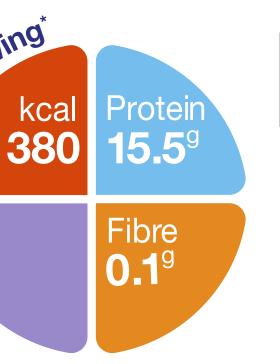
and diarrhea, but I need to keep my weight up



eat or drink, I have



ilis Clear



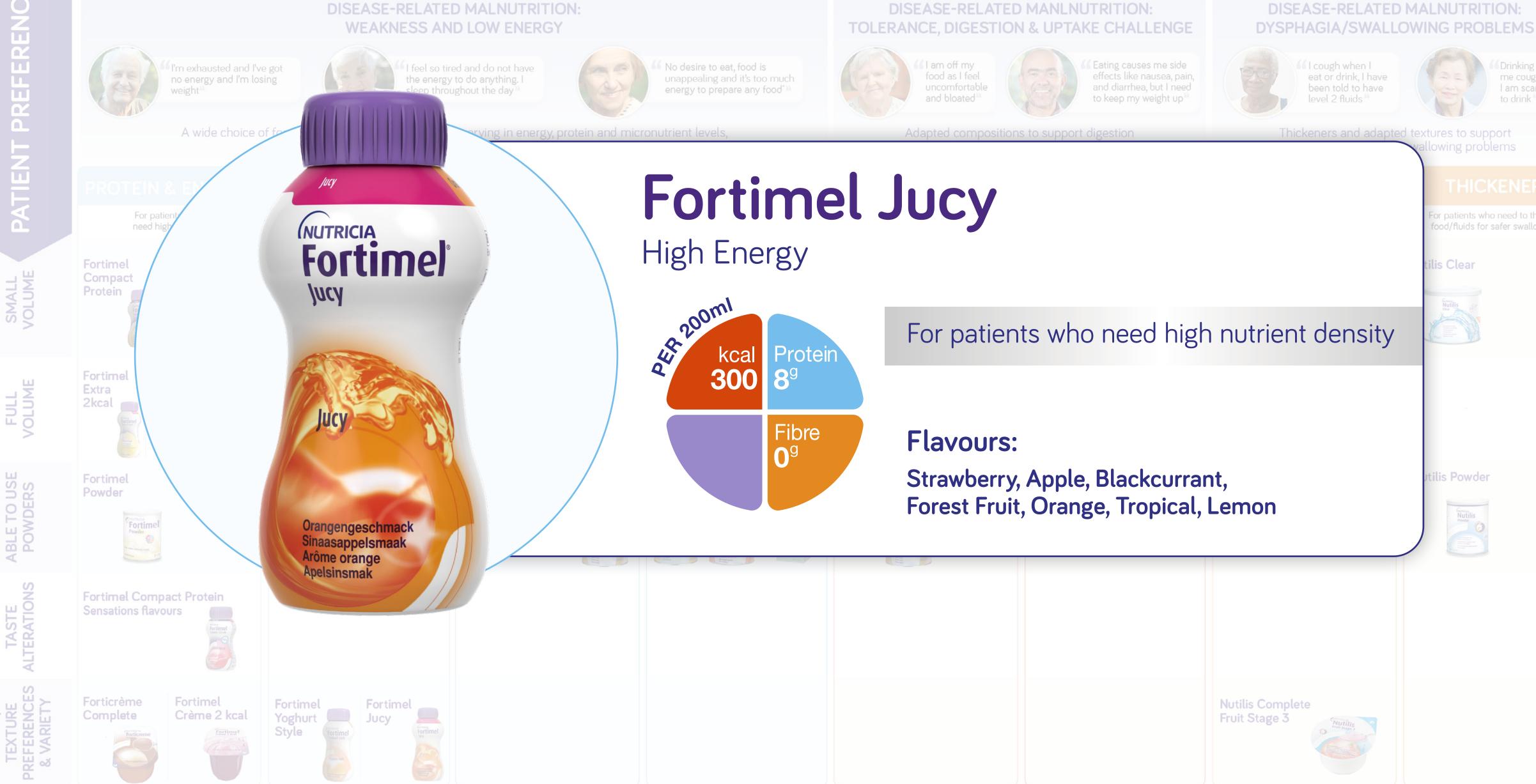
For patients who need high nutrient density

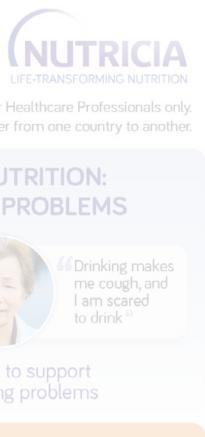
Flavours: Original, Vanilla, Strawberry, Banana, Chocolate

tilis Powder



*57g powder + 200ml whole milk



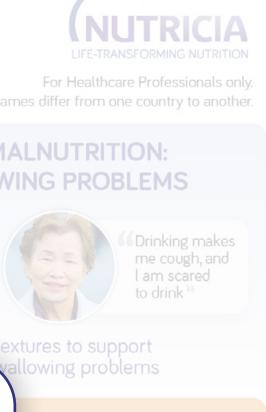


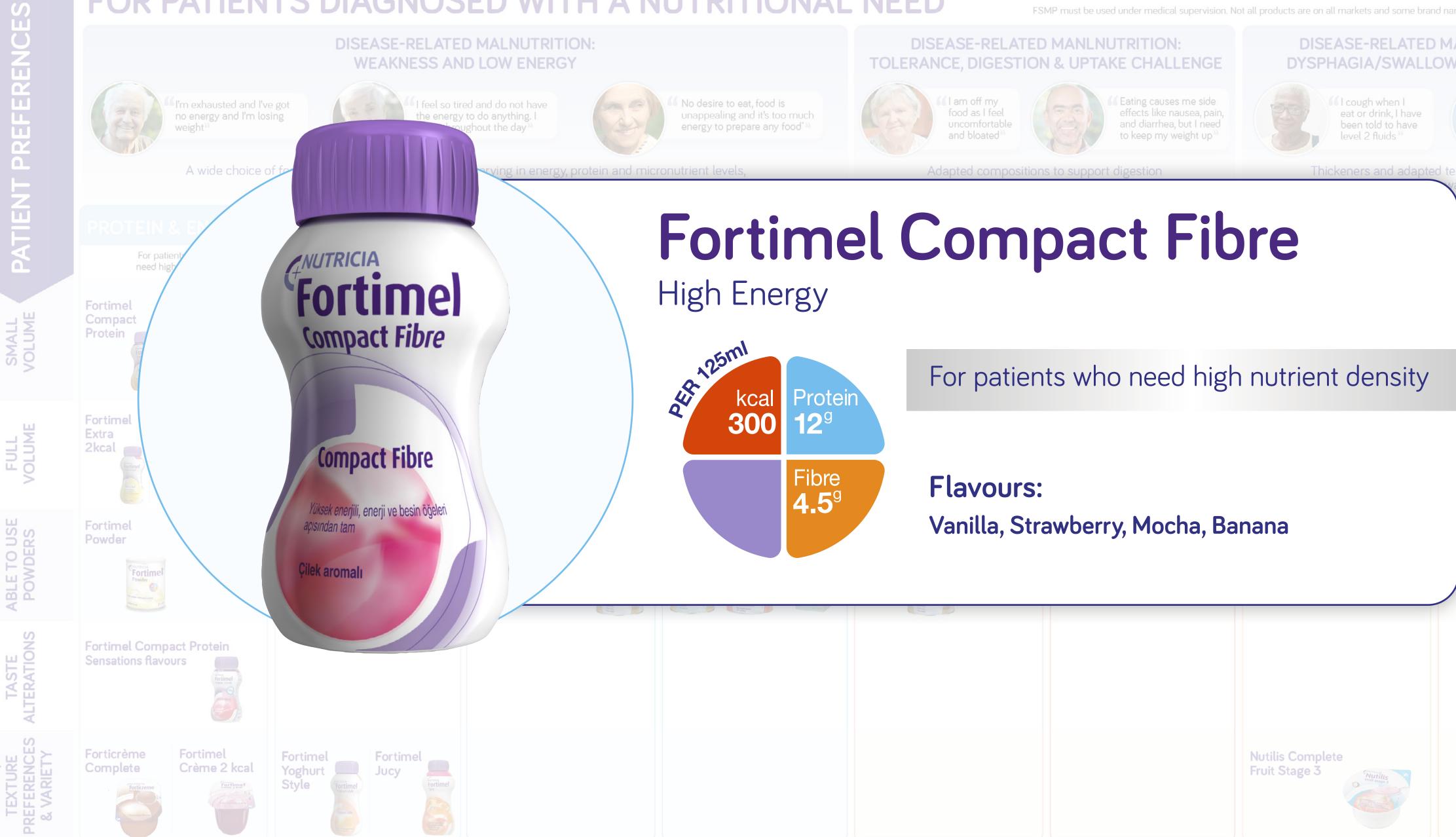
FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one co

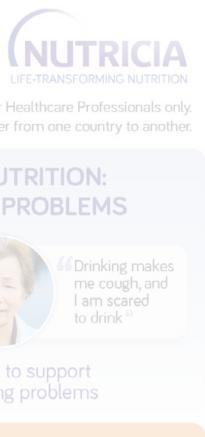
DISEASE-RELATED MANLNUTRITION:









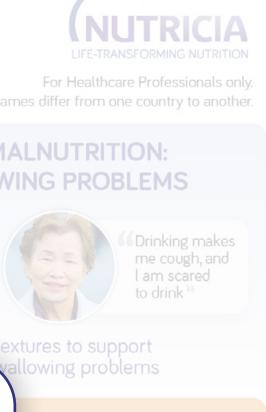


FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



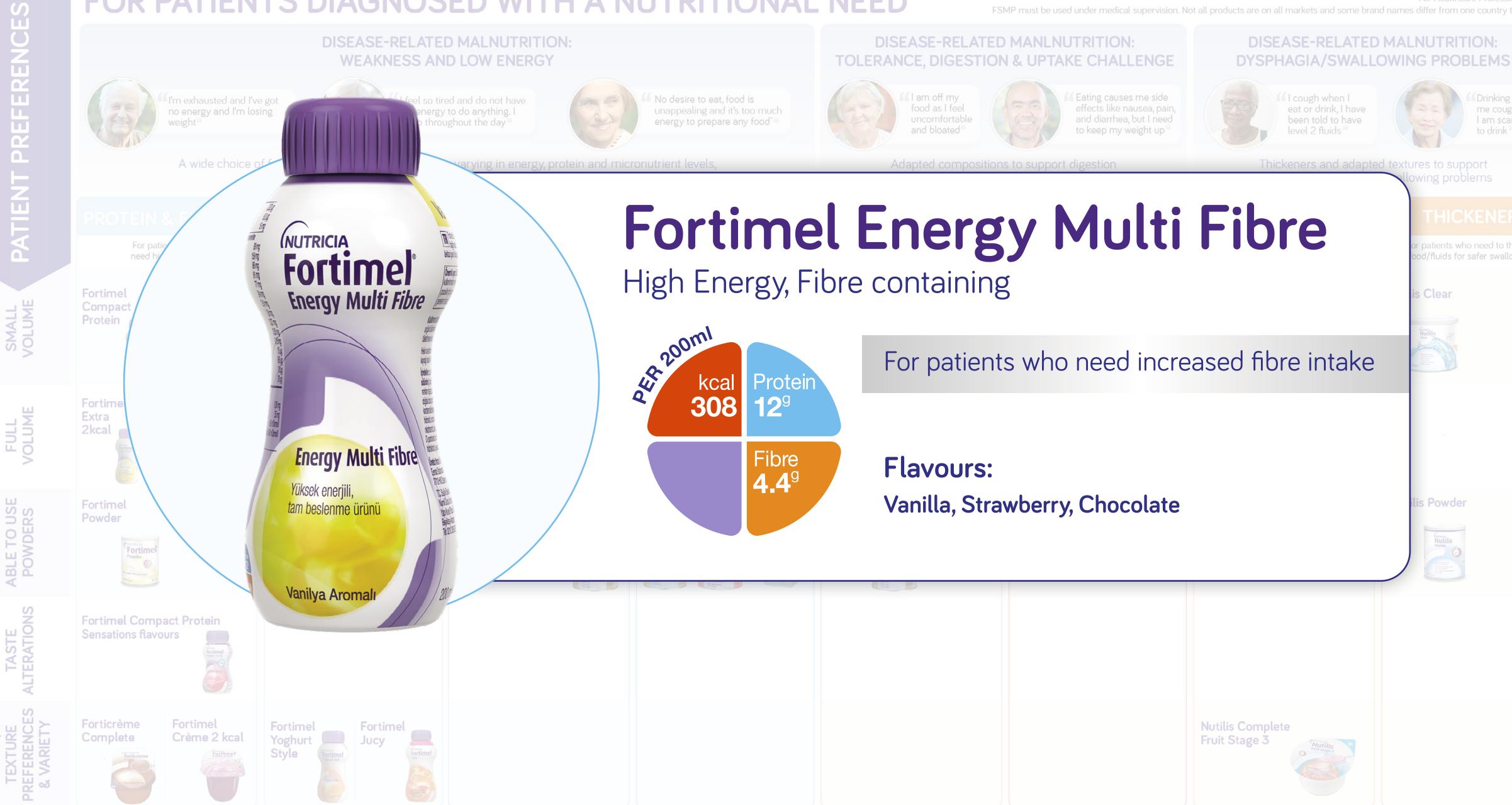


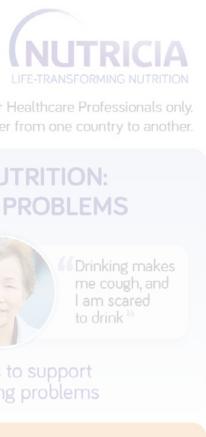
Thickeners and adapted textures to support

tilis Powder

ilis Clear



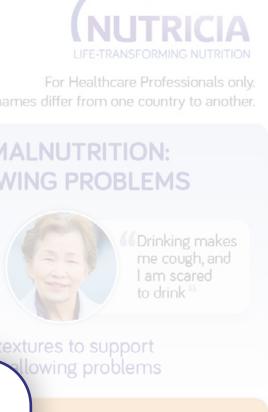




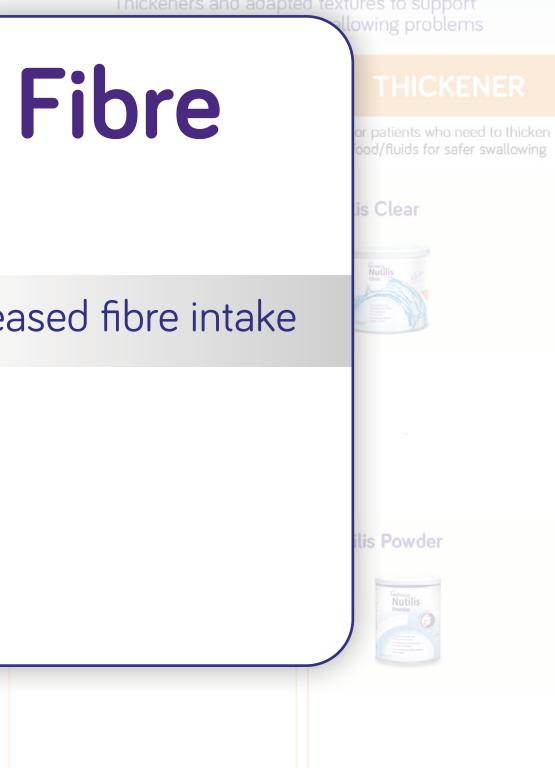
FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one

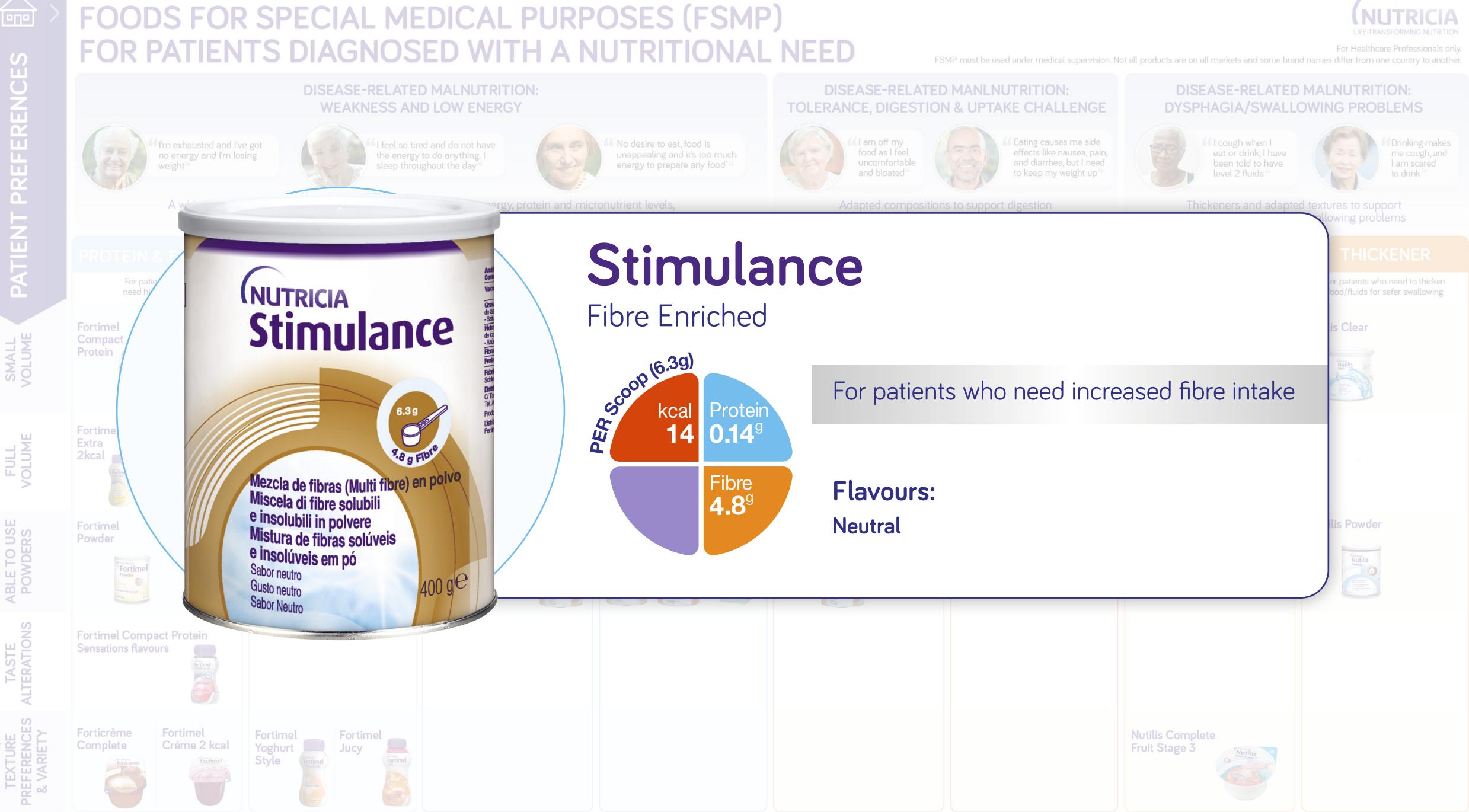


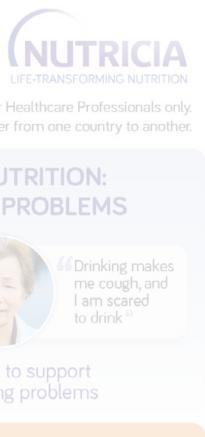




Thickeners and adapted textures to support

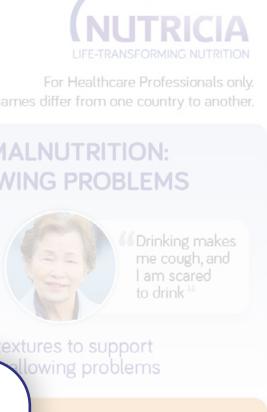




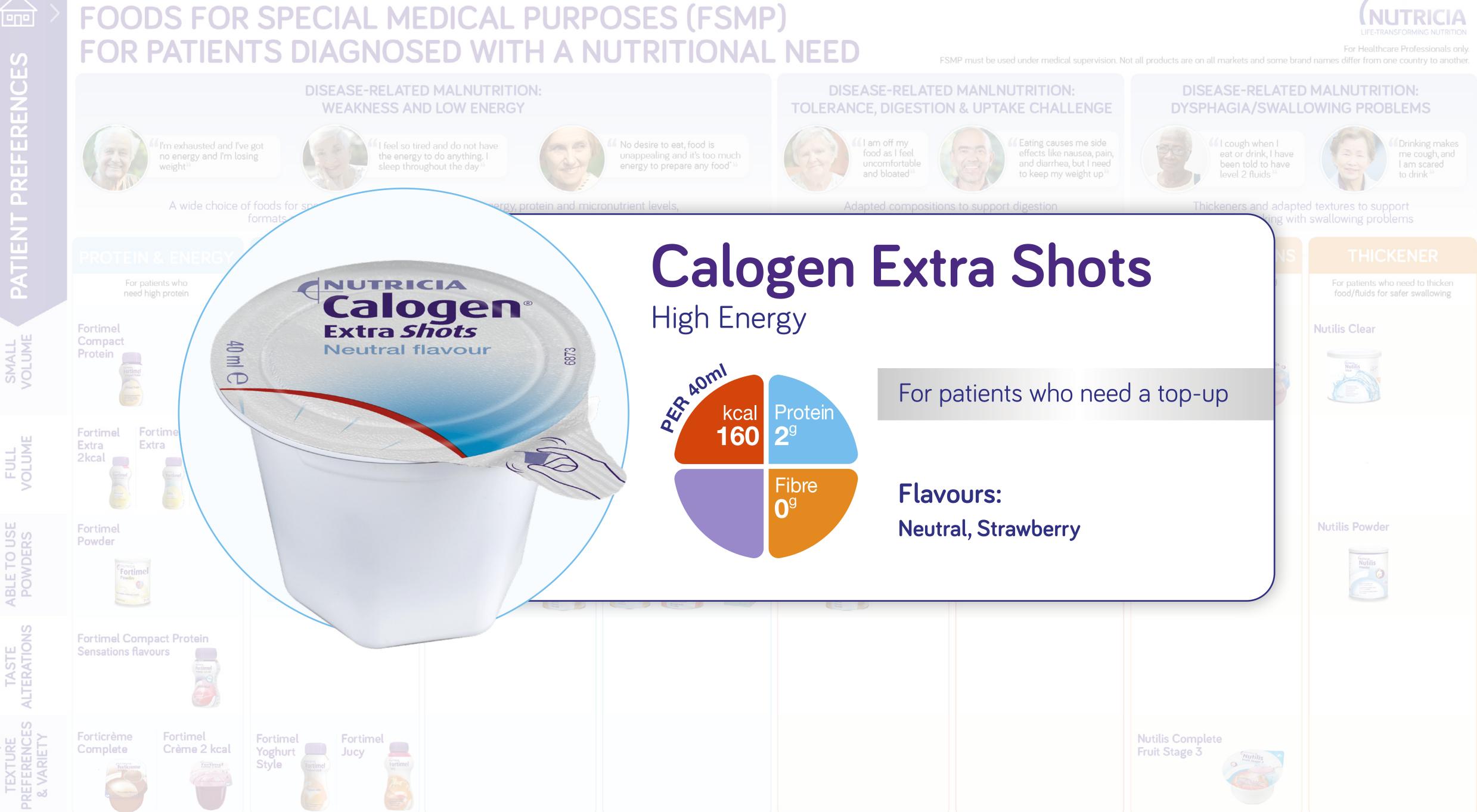


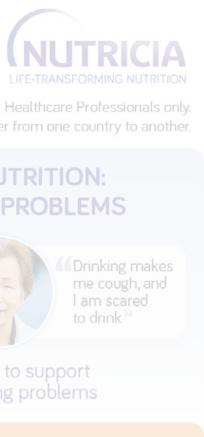






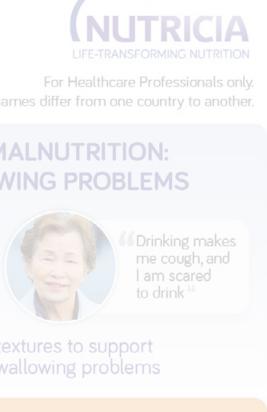


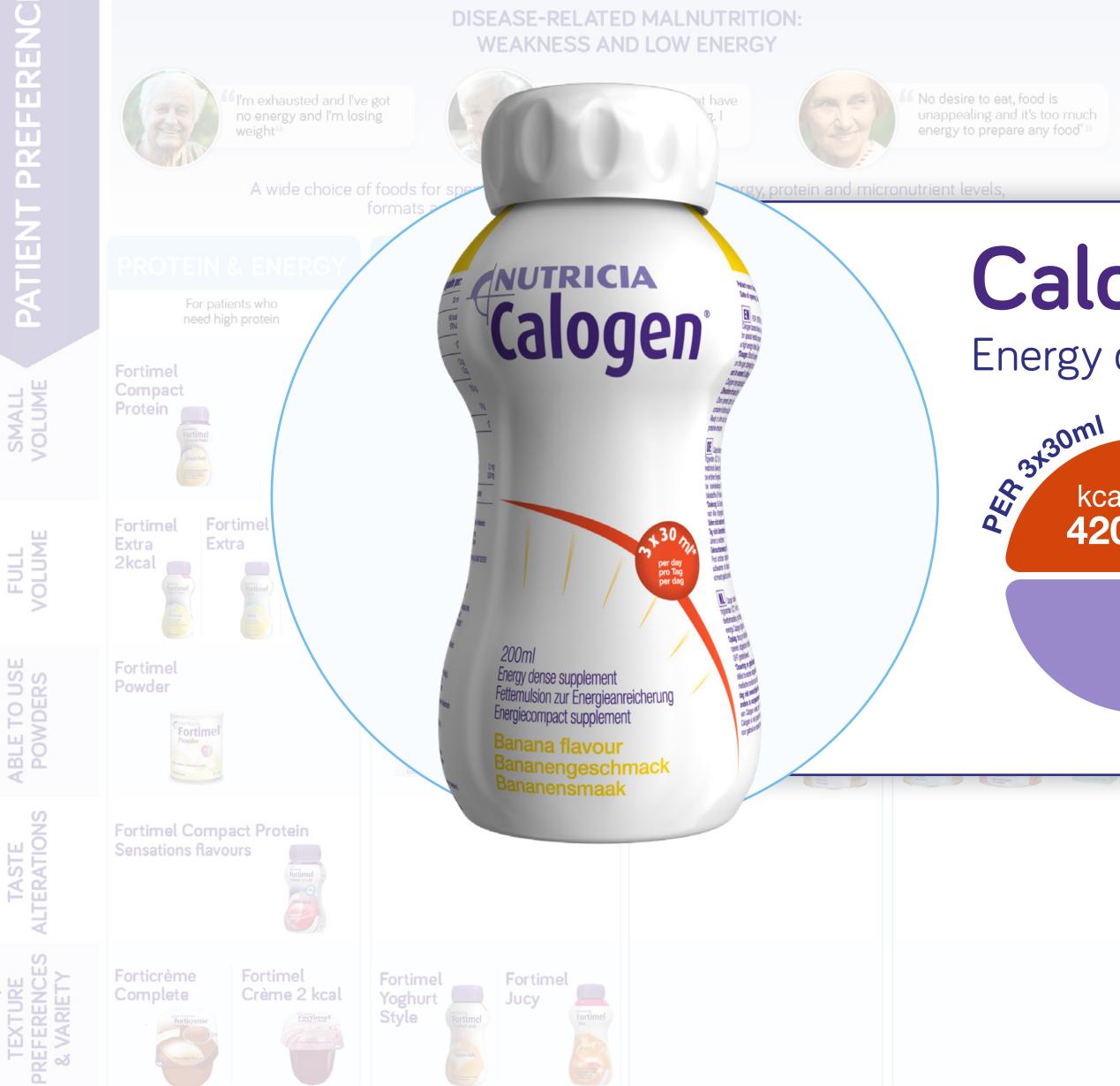














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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food*



and diarrhea, but I need to keep my weight up

eat or drink, I have

Nutilis Clear

Nutilis Powder

Thickeners and adapted textures to support

Calogen

Energy dense supplement

For patients who need a top-up

420 Fibre **0**^g

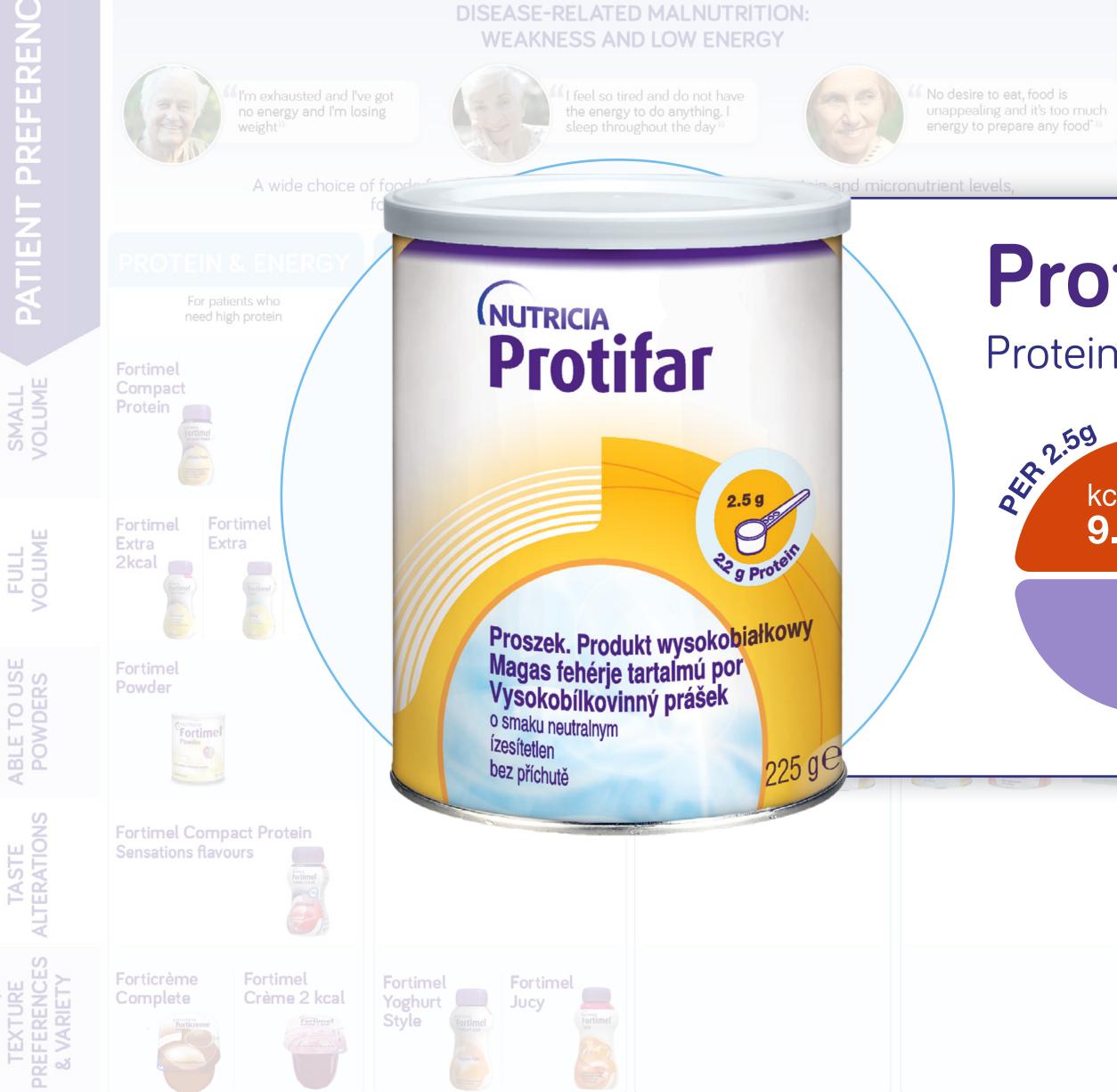
kcal Protein

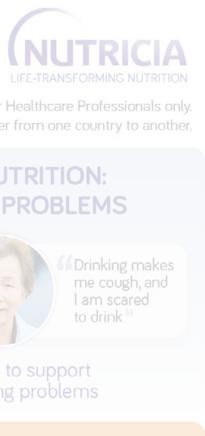
Flavours:

Neutral, Banana, Strawberry

Nutilis Complete Fruit Stage 3

For patients who need to thicken food/fluids for safer swallowing





DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food*



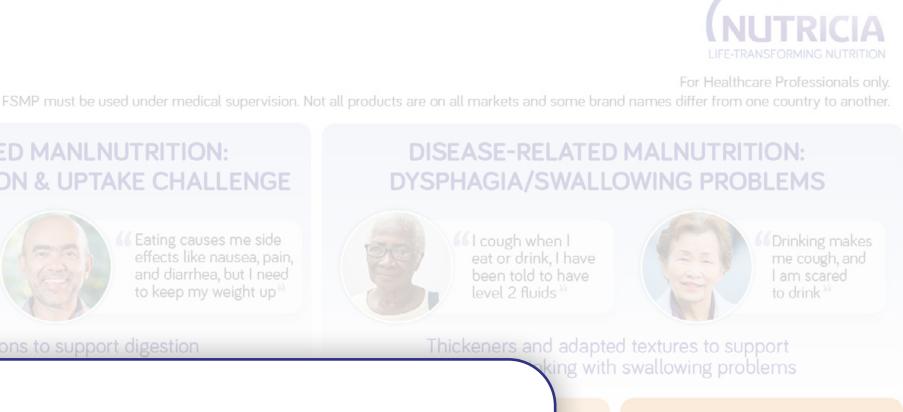


and diarrhea, but I need to keep my weight up*

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support



kcal Protein

9.2 2.2⁹

For patients who need a top-up

Fibre **0**^g

Flavours: Neutral

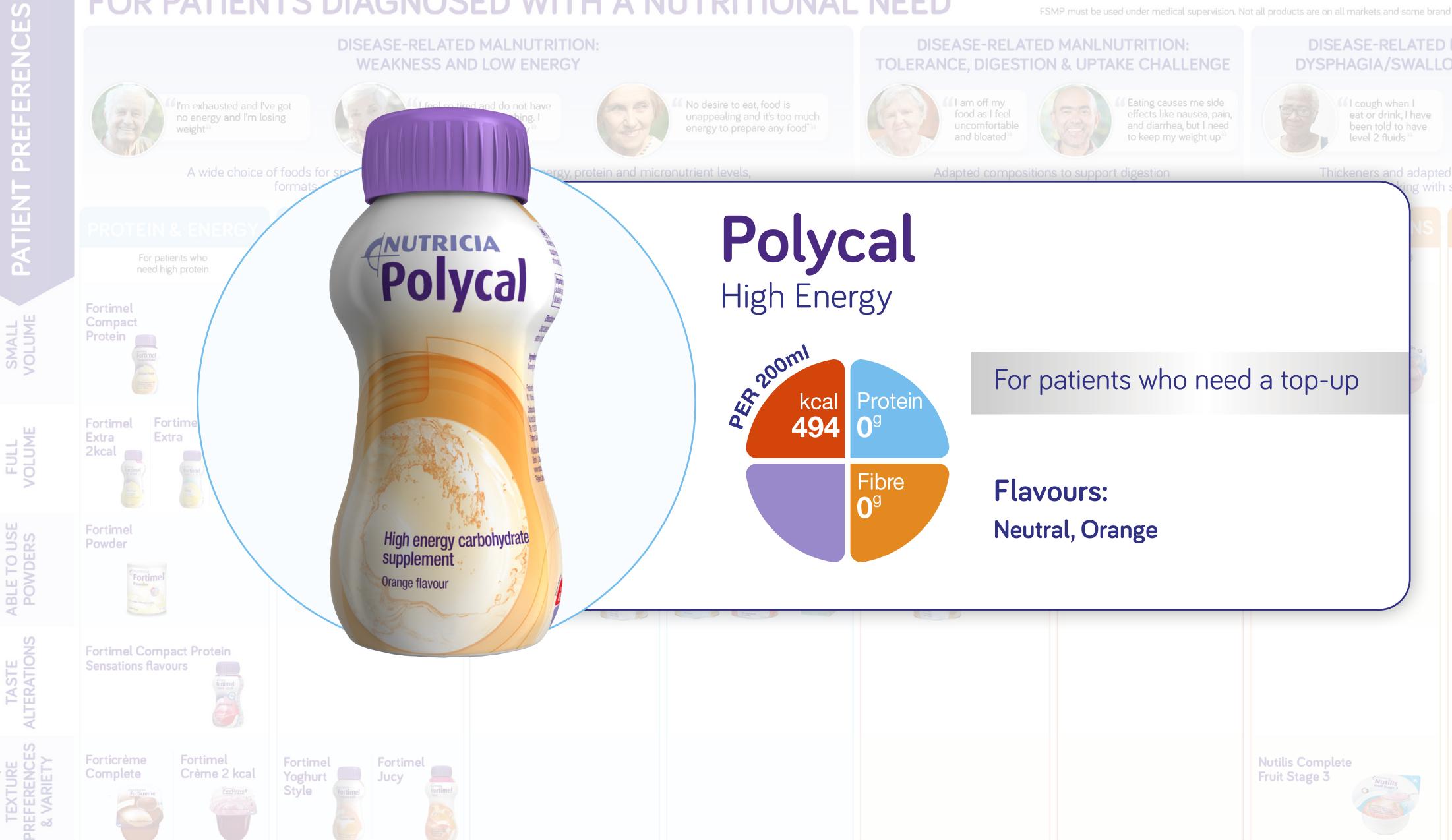
Nutilis Complete Fruit Stage 3

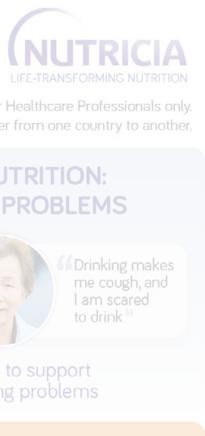
Nutilis Powder

Nutilis Clear



For patients who need to thicken food/fluids for safer swallowing



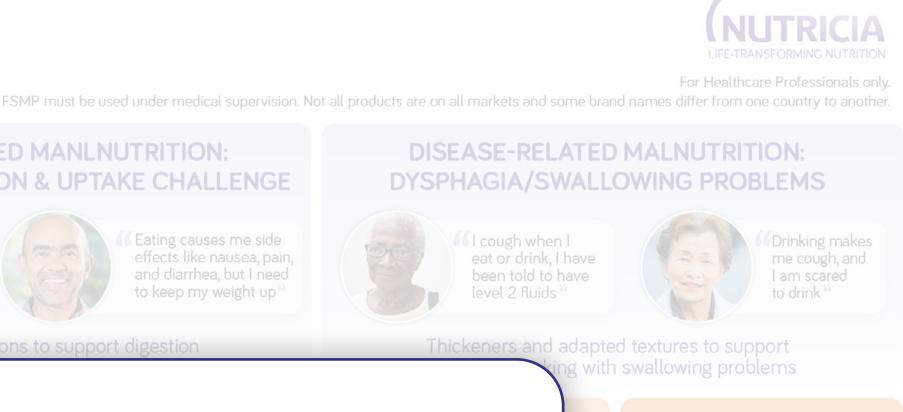


DISEASE-RELATED MANLNUTRITION:



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS





Thickeners and adapted textures to support



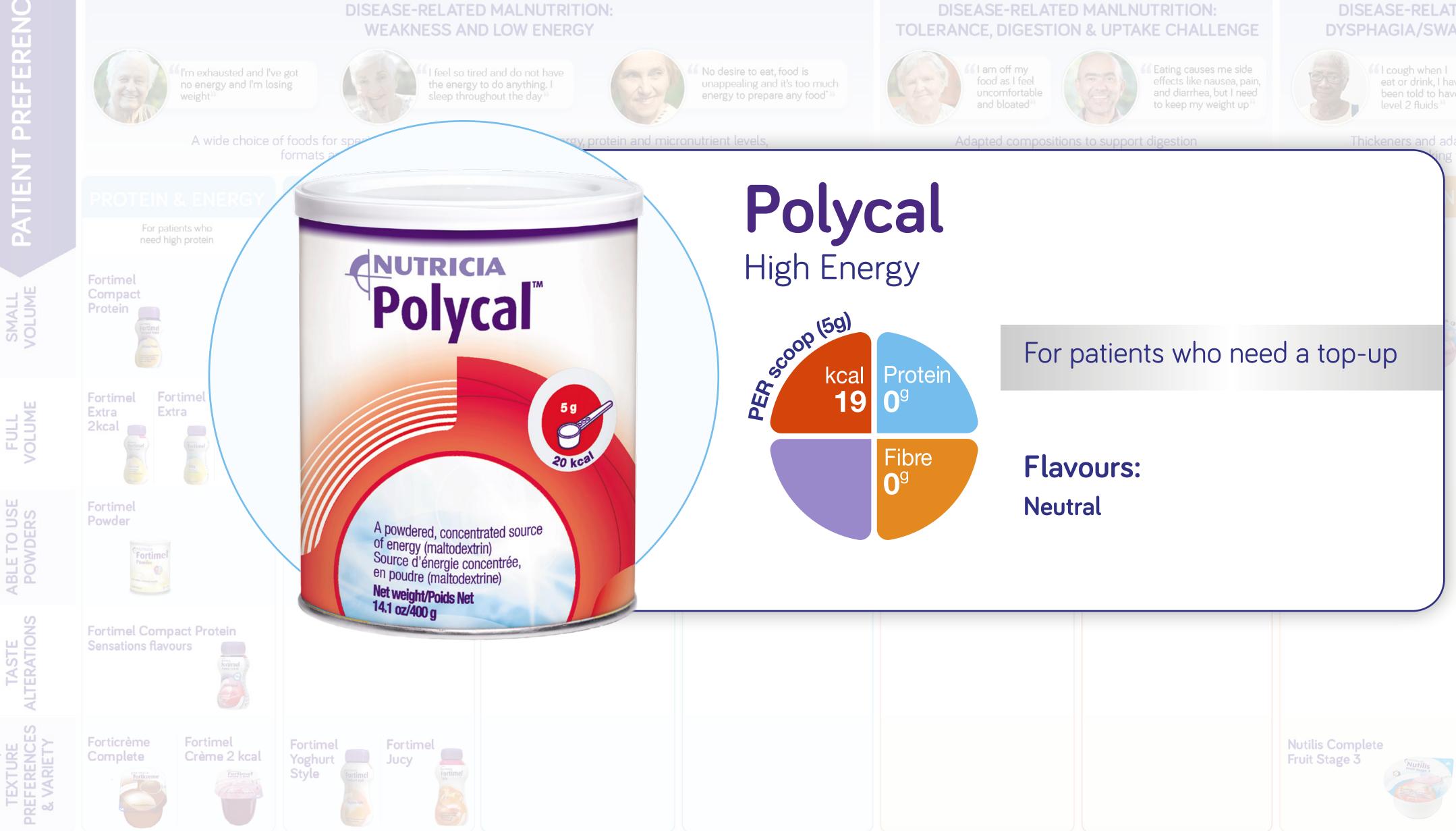
For patients who need to thicken food/fluids for safer swallowing

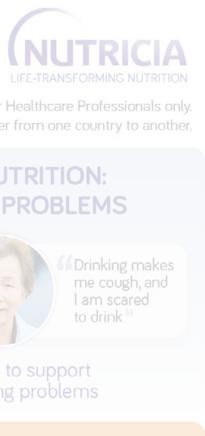
Nutilis Clear



Nutilis Powder







FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country to another.

DISEASE-RELATED MANLNUTRITION:

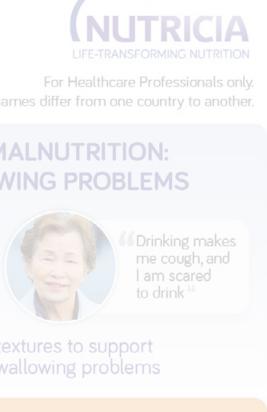




DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support



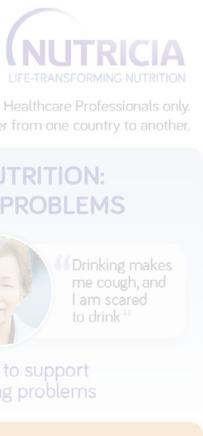
For patients who need to thicken food/fluids for safer swallowing

Nutilis Clear



Nutilis Powder





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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE



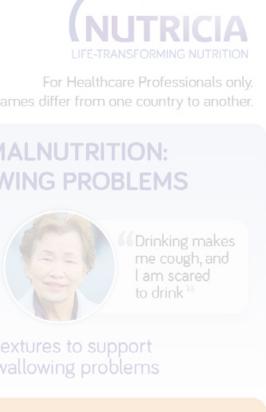


and diarrhea, but I need to keep my weight up

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



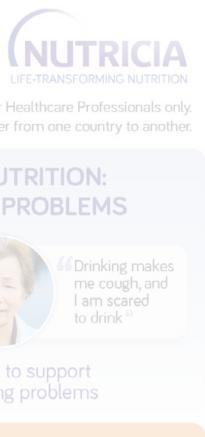
eat or drink, I have



Thickeners and adapted textures to support

Super Soluble Maxijul For patients who need to thicken food/fluids for safer swallowing owing High Energy **Nutilis Clear** tilis mplete For patients who need a top-up Protein Fibre Flavours: **0**^g Unflavoured Nutilis Powder Nutilis Complete Fruit Stage 3





FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one of

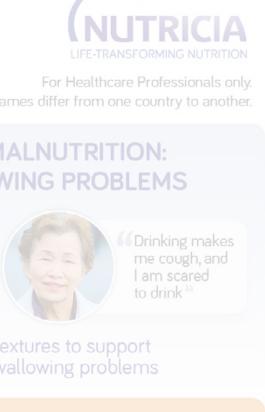
DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink. I have



Thickeners and adapted textures to support

Fortimel Energy Multi Fibre High Energy, Fibre containing

Protein kcal **4**2⁹ 308 Fibre **4.4**⁹

For patients who need help to support their bowel function

and diarrhea, but I need

to keep my weight up

Flavours:

Neutral, Vanilla, Strawberry, Banana, Chocolate

> Nutilis Complete Fruit Stage 3

Nutilis Clear

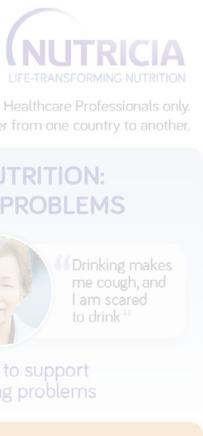


Nutilis Powder



DISEASE-RELATED MALNUTRITION: WEAKNESS AND LOW ENERGY





Nutilis Clear

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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

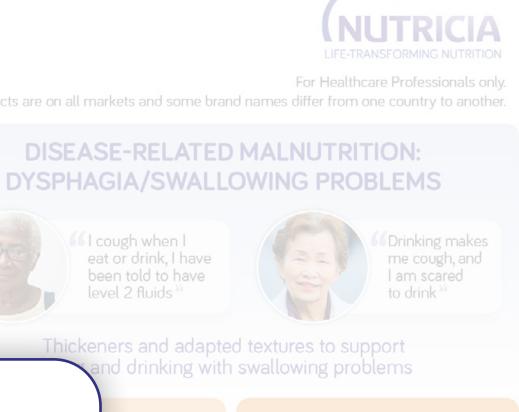
energy to prepare any food





and diarrhea, but I need to keep my weight up

eat or drink, I have



Thickeners and adapted textures to support

Stimulance Fibre Enriched 84R 6.39 Protein kcal 14 **0.14**^g

Fibre

4.8^g

For patients who need increased fibre intake

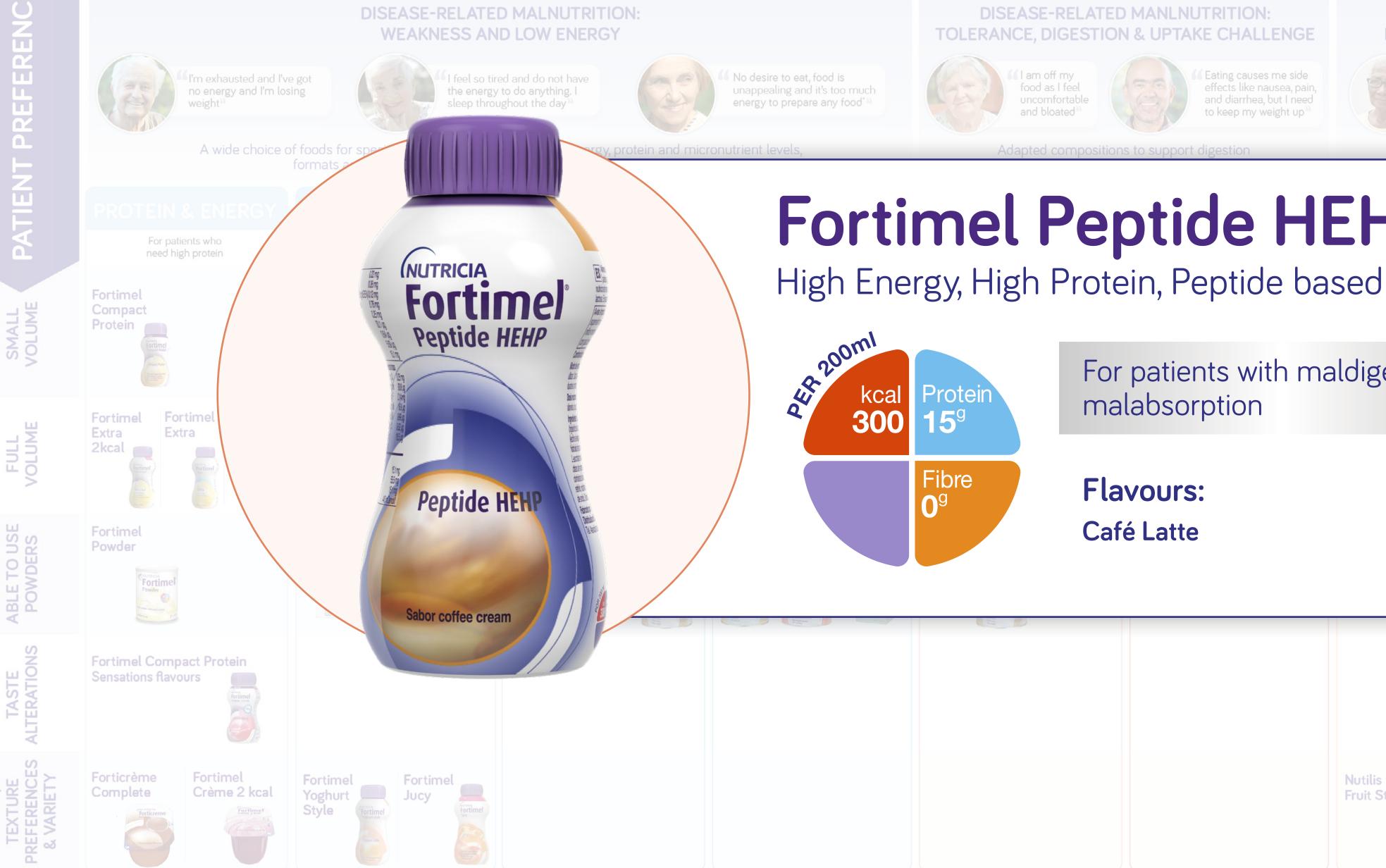
Flavours: Neutral

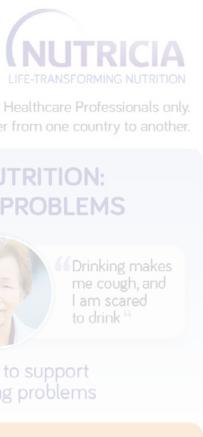
Nutilis Complete Fruit Stage 3



Nutilis Powder

For patients who need to thicken food/fluids for safer swallowing





DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE





Protein

15⁹

Fibre

0^g

kcal

300



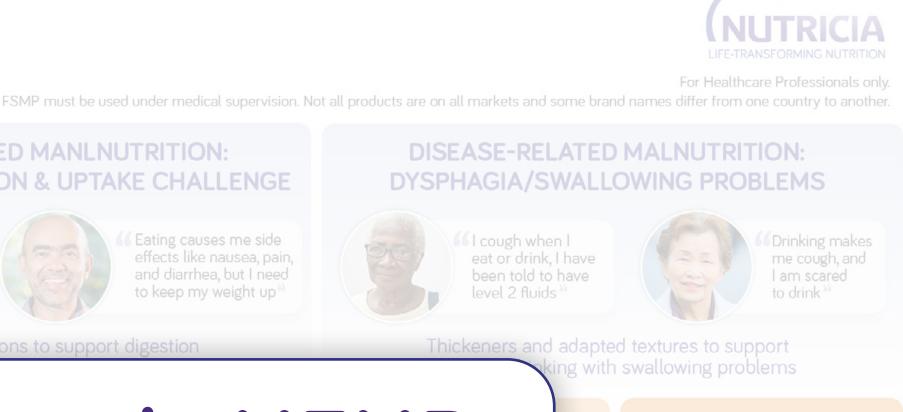


and diarrhea, but I need to keep my weight up

DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

Fortimel Peptide HEHP

Nutilis Clear



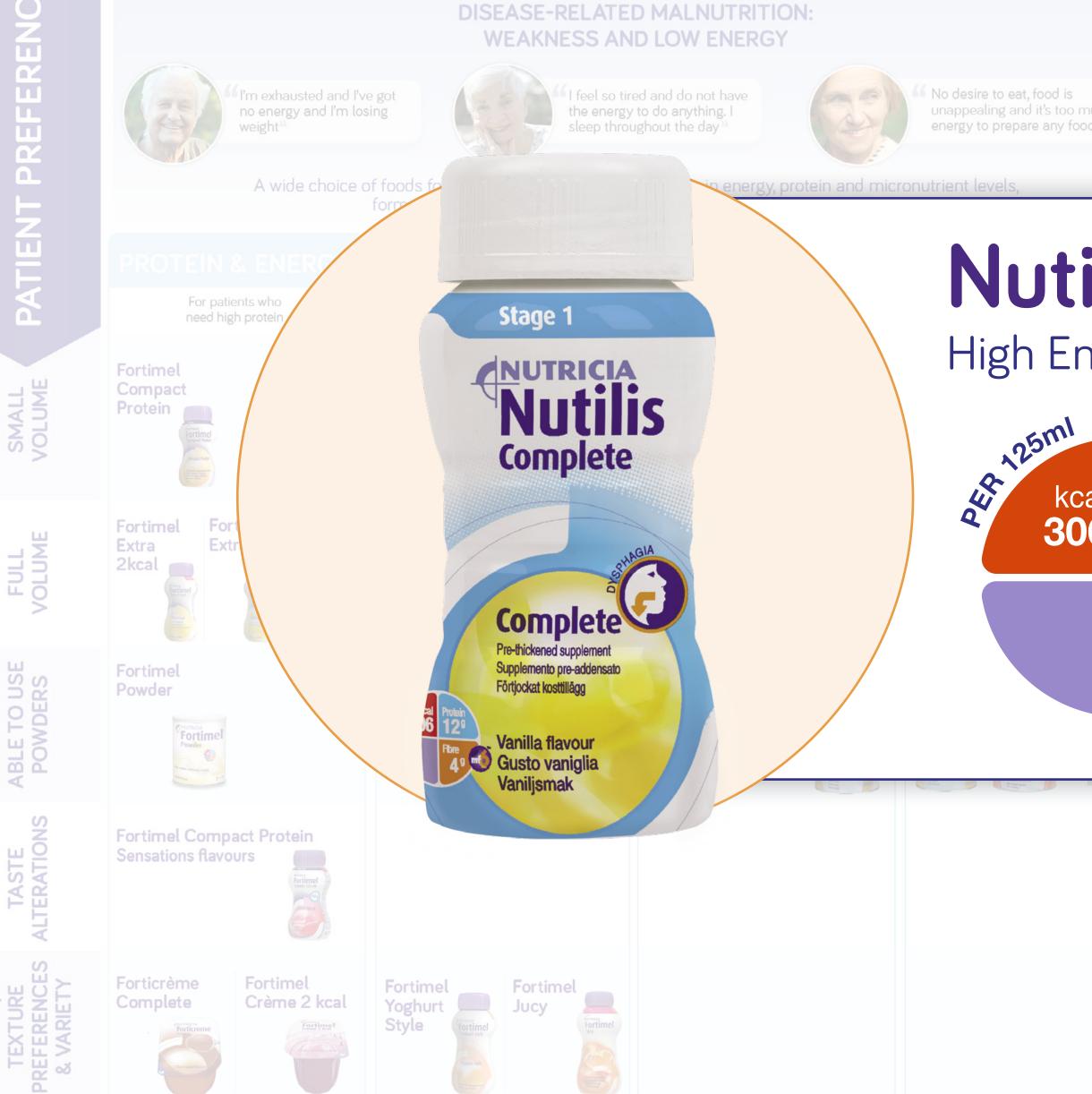
For patients with maldigestion/ malabsorption

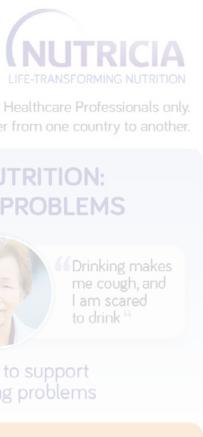
Flavours: Café Latte

Nutilis Complete Fruit Stage 3

Nutilis Powder

Nutilis
G





DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food

kcal Protein

12^g

Fibre

4^g

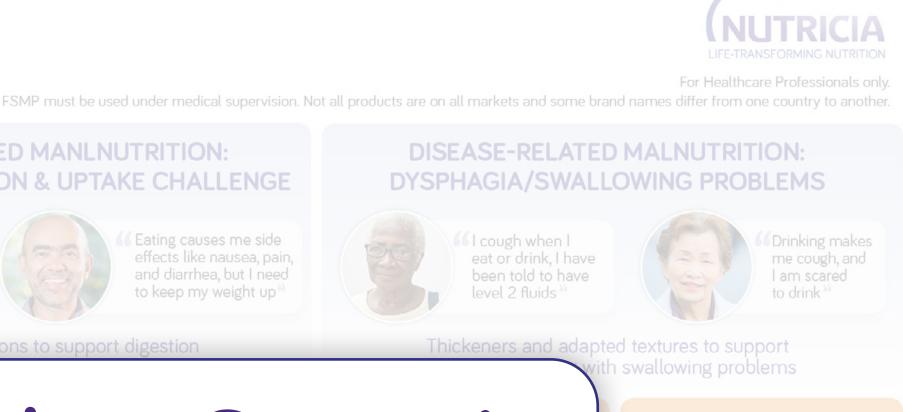
306



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink. I have



Thickeners and adapted textures to support

Nutilis Complete Stage 1 High Energy, pre-thickened

For patients who need thickened ONS for safer swallowing

and diarrhea, but I need

to keep my weight up

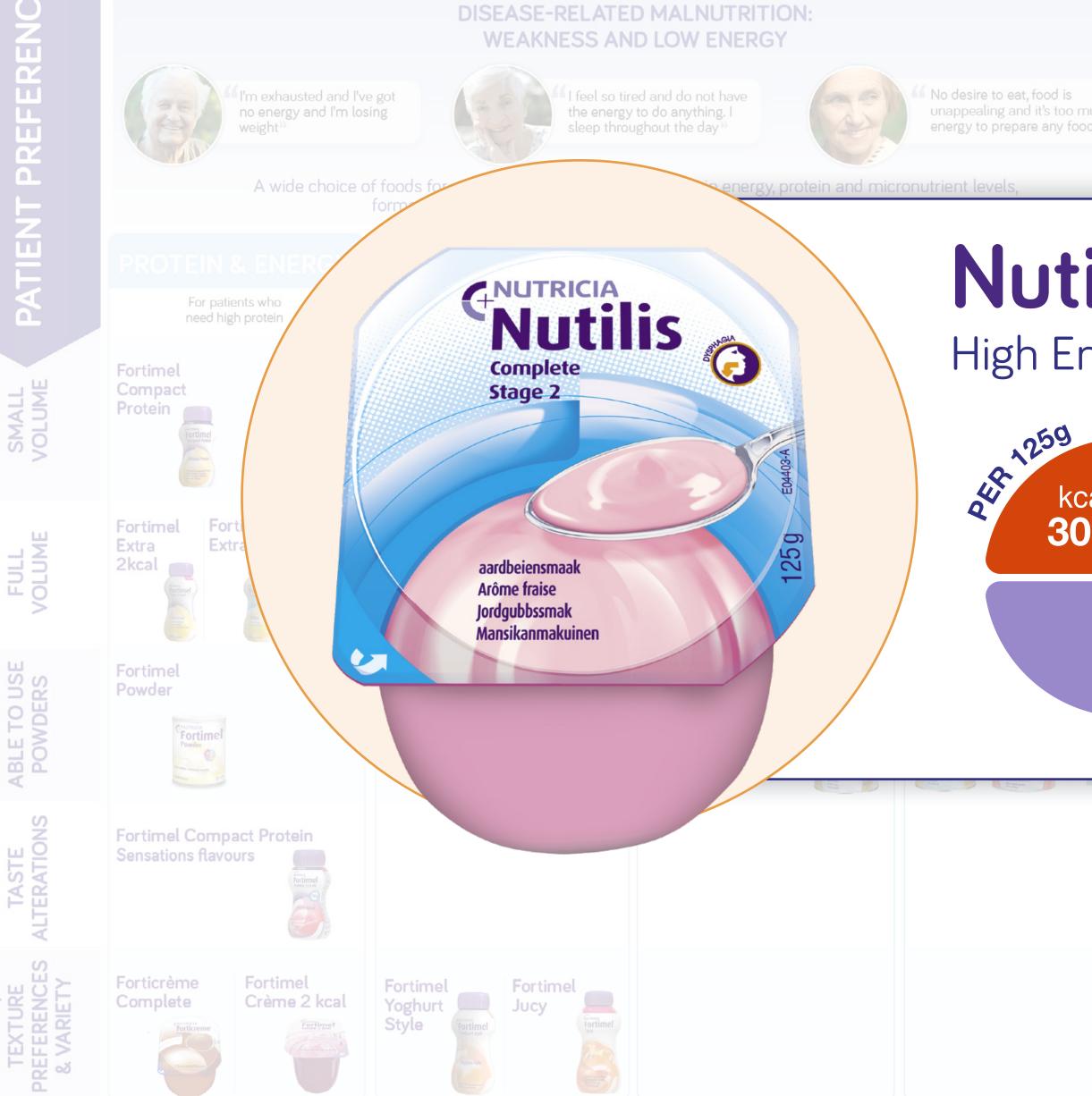
Flavours:

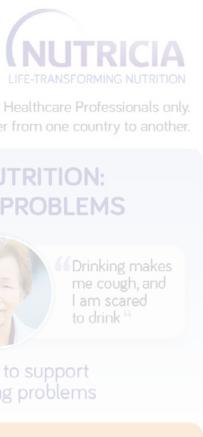
Vanilla, Strawberry, Chocolate, Lemon Tea, Mango Passion Fruit

Nutilis Powder

Nutilis Clear

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FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one country to another

DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food

kcal

306

Protein

12⁹

Fibre

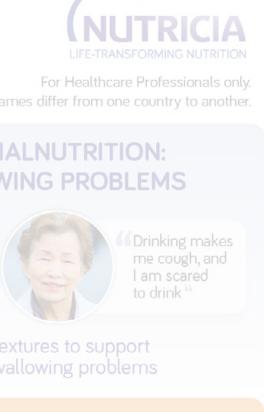
4^g



DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink. I have



Thickeners and adapted textures to support

Nutilis Complete Stage 2 High Energy, pre-thickened

For patients who need thickened ONS for safer swallowing

and diarrhea, but I need

to keep my weight up

Flavours:

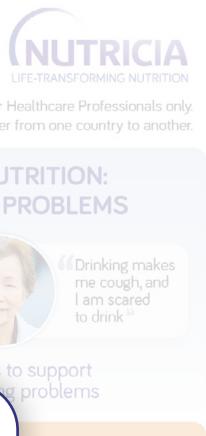
Vanilla, Strawberry, Chocolate

Nutilis Clear

Nutilis Powder







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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

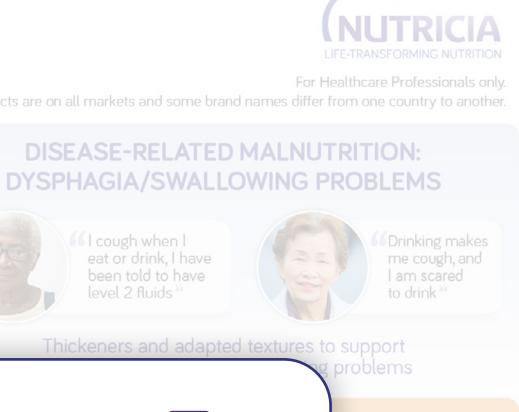
energy to prepare any food"





and diarrhea, but I need to keep my weight up

I cough when I eat or drink. I have

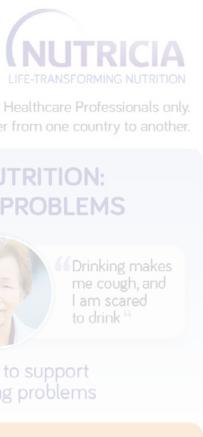


Nutilis Complete Fruit Stage 3 High Energy, pre-thickened For patients who need thickened ONS Protein for safer swallowing Fibre Flavours: **3.9**^g Apple, Strawberry

Nutilis Complete Fruit Stage 3

for safer swallowing





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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food



Nutilis Clear



and diarrhea, but I need to keep my weight up

a food and fluid thickener that

preserves clear appearance

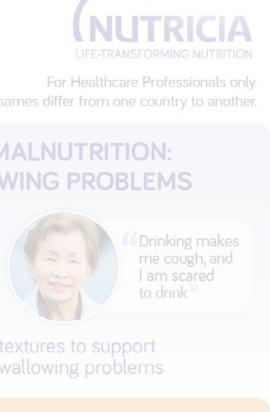
For patients who need to thicken

food/fluids for safer swallowing

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support eating and drinking with swallowing problems

Nutilis

Stage

Complete

for safer swallowing

Nutilis Clear







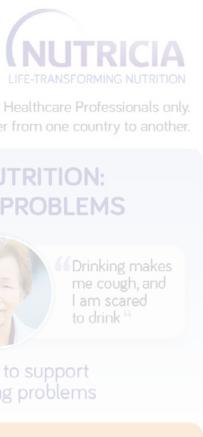


Nutilis Complete Fruit Stage 3

For patients who need to thicken food/fluids for safer swallowing

DISEASE-RELATED MALNUTRITION: WEAKNESS AND LOW ENERGY





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DISEASE-RELATED MANLNUTRITION: TOLERANCE, DIGESTION & UPTAKE CHALLENGE

energy to prepare any food





and diarrhea, but I need to keep my weight up

Nutilis Powder

A food and fluid thickener

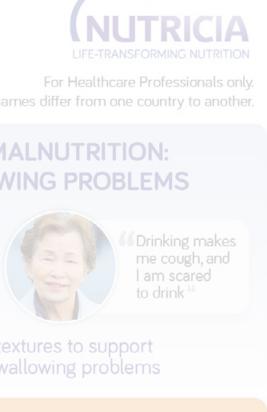
For patients who need to thicken

food/fluids for safer swallowing

DISEASE-RELATED MALNUTRITION: DYSPHAGIA/SWALLOWING PROBLEMS



eat or drink, I have



Thickeners and adapted textures to support

For patients who need to thicken food/fluids for safer swallowing

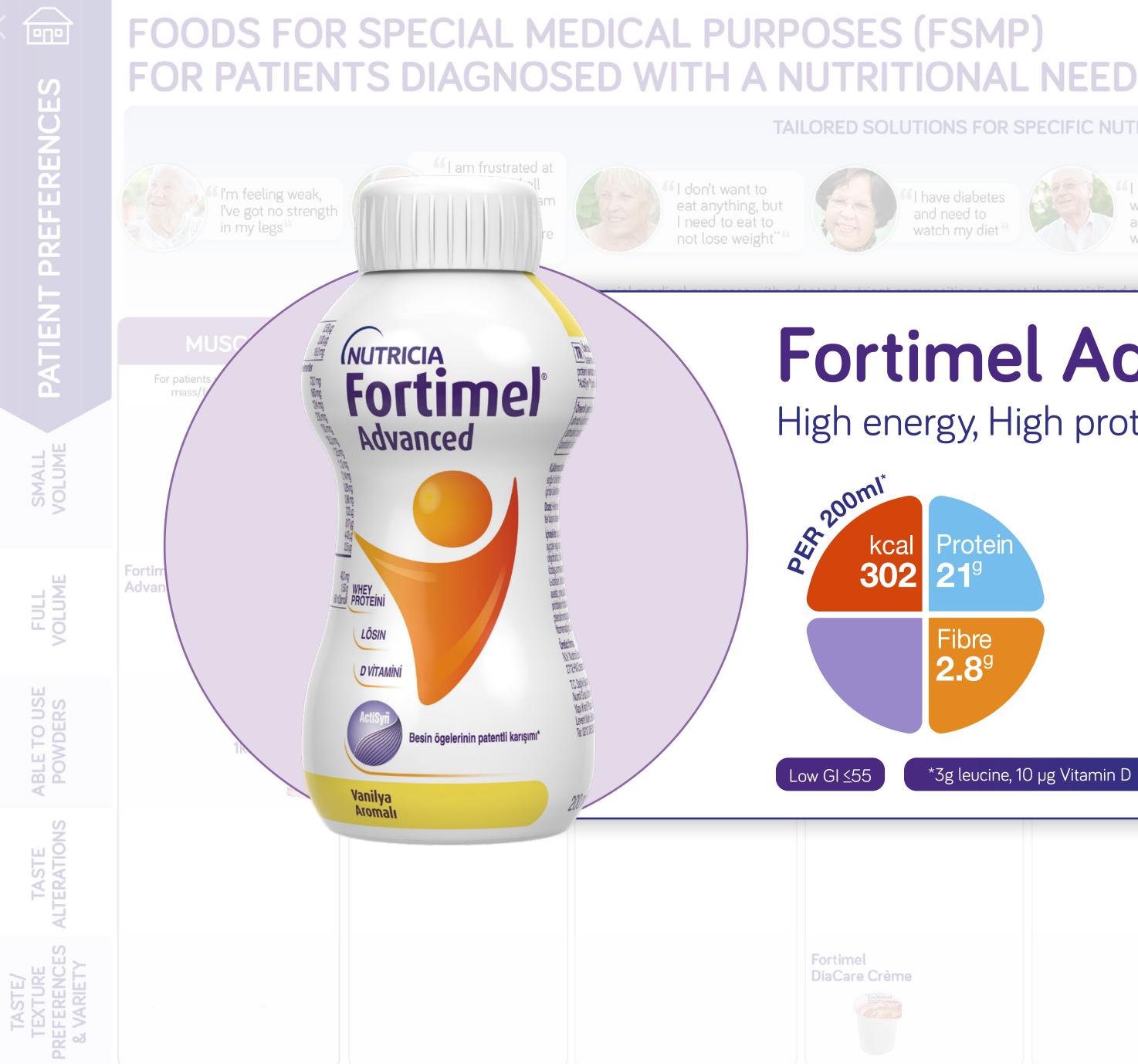
Nutilis Clear

Nutilis Complete Stage



Nutilis Powder





FSMP must be used under medical supervision. Not all products are on all markets and some brand name

TAILORED SOLUTIONS FOR SPECIFIC NUTRITIONAL NEEDS





I am struggling to eat because I feel out of breath and I don't feel hungry



Fortimel Advanced

High energy, High protein with whey, leucine and vitamin D

For patients who need muscle mass/function support

Flavours: Strawberry, Vanilla, Peach-Mango

*3g leucine, 10 µg Vitamin D

ème		

Early Alzheimer's ncluding Mild due to AD







FSMP must be used under medical supervision. Not all products are on all markets and some brand names

TAILORED SOLUTIONS FOR SPECIFIC NUTRITIONAL NEEDS

Early Alzheimer's including Mild Cognitive due to AD



Early Alzheimer's including Mild Cognitive due to AD





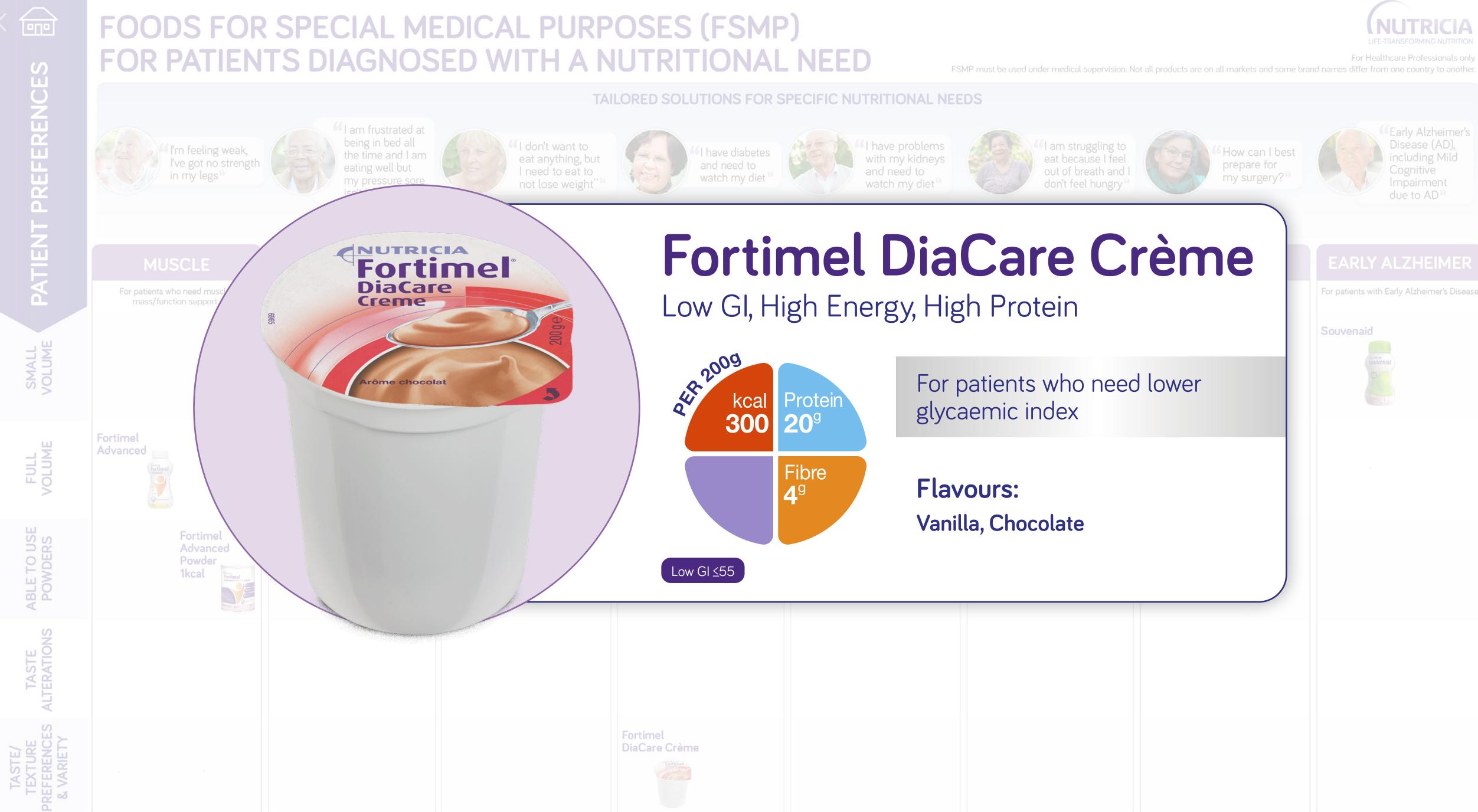


Early Alzheimer's Disease (AD). including Mild Cognitive due to AD

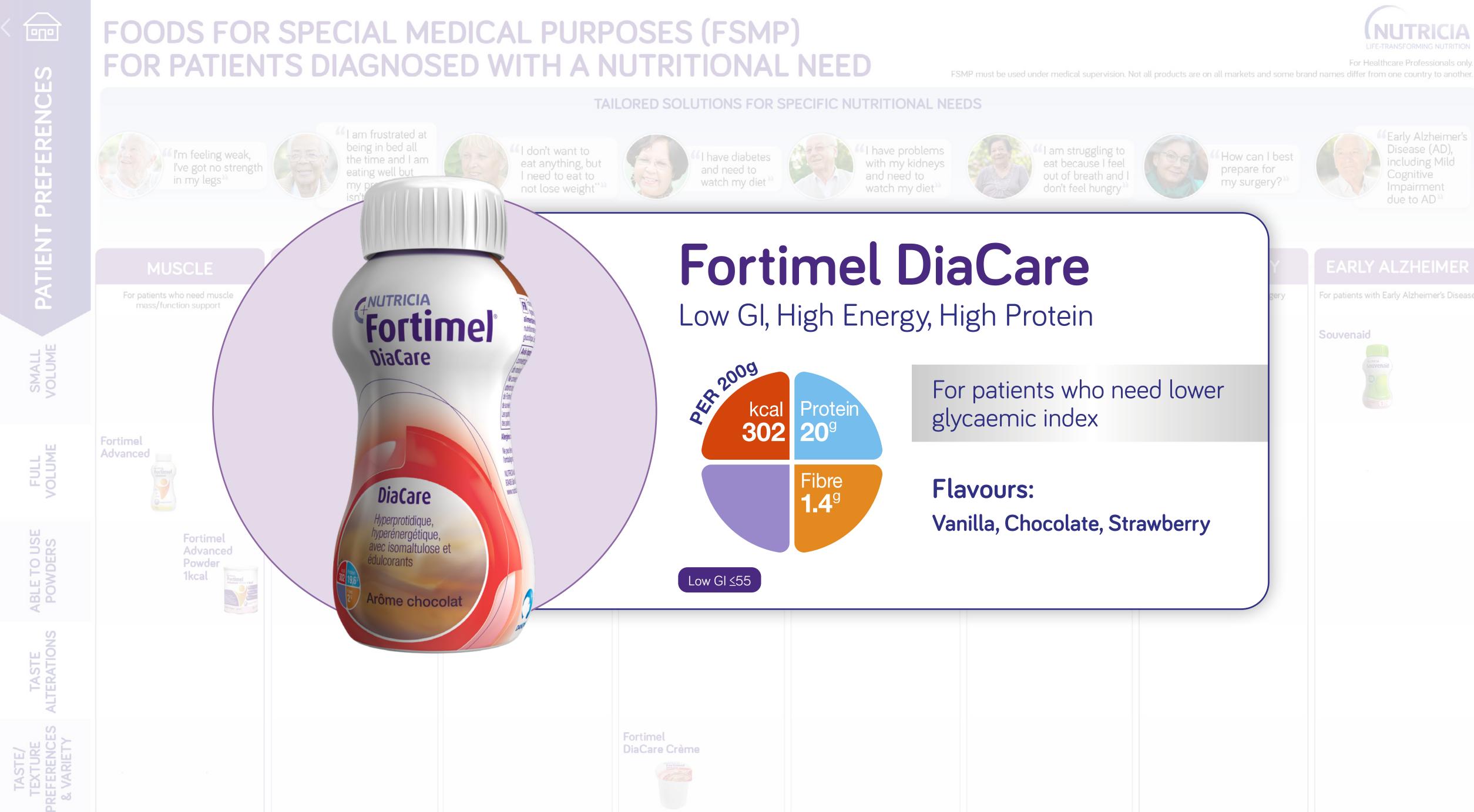


FSMP must be used under medical supervision. Not all products are on all markets and some brand names differ from one co

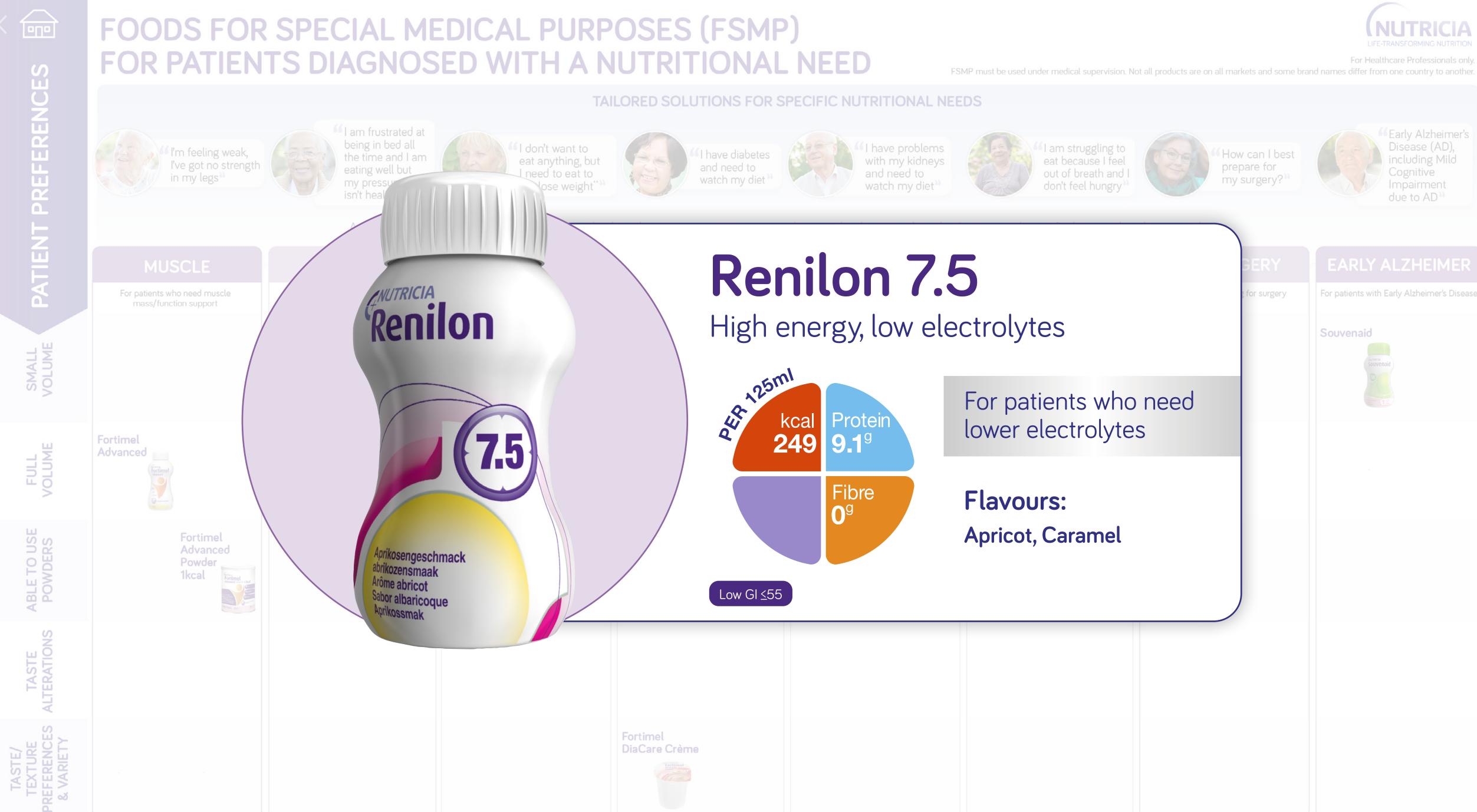
Early Alzheimer's including Mild Cognitive due to AD



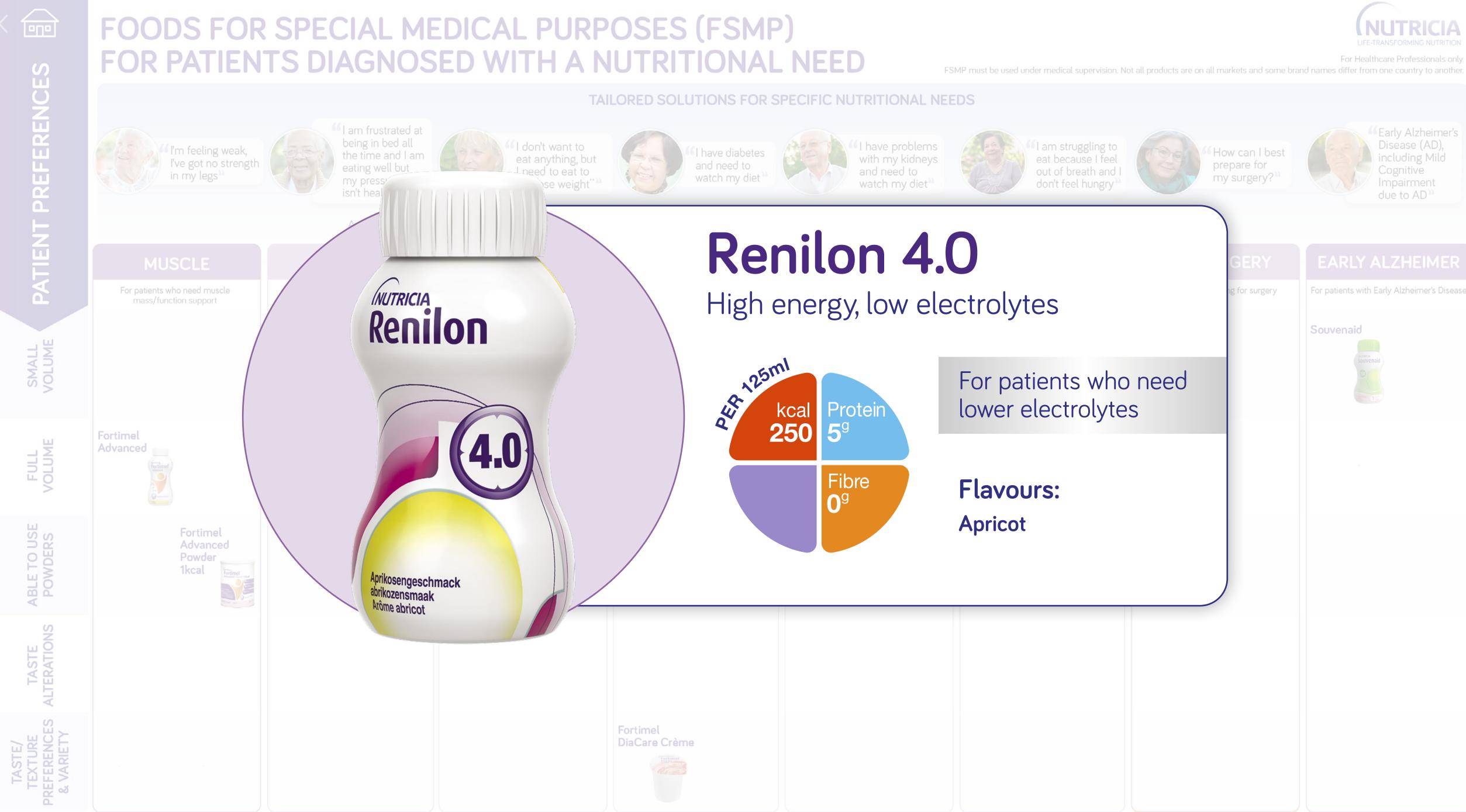
Early Alzheimer's including Mild Cognitive due to AD



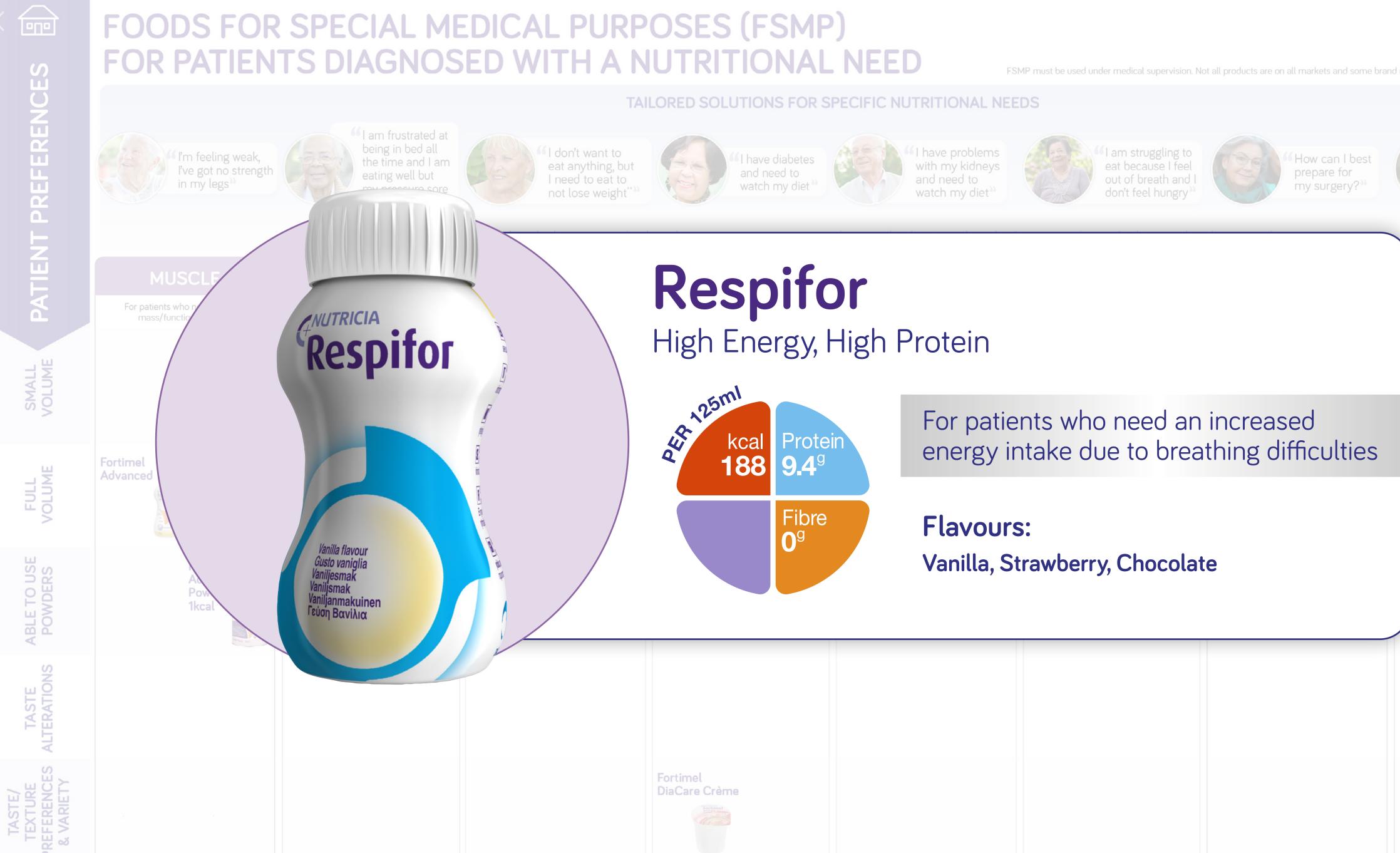
Early Alzheimer's Disease (AD). including Mild Cognitive



Early Alzheimer's including Mild Cognitive



Early Alzheimer's Disease (AD), including Mild Cognitive



FSMP must be used under medical supervision. Not all products are on all markets and some brand names







rème		

Early Alzheimer's Disease (AD), including Mild Cognitive due to AD

patients with Early Alzheimer's Disease



Early Alzheimer's Disease (AD), including Mild Cognitive



Early Alzheimer's including Mild Cognitive