

This information is intended for healthcare professional use only.

Management of the symptomatic infant¹


Latest ESPGHAN Guidance²

Diagnostic Criteria²

Regurgitation is a normal physiological process that can occur in healthy infants.³

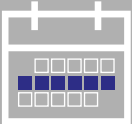
Must include both of the following in otherwise healthy infants 3 weeks to 12 months of age

2+
TIMES
PER DAY

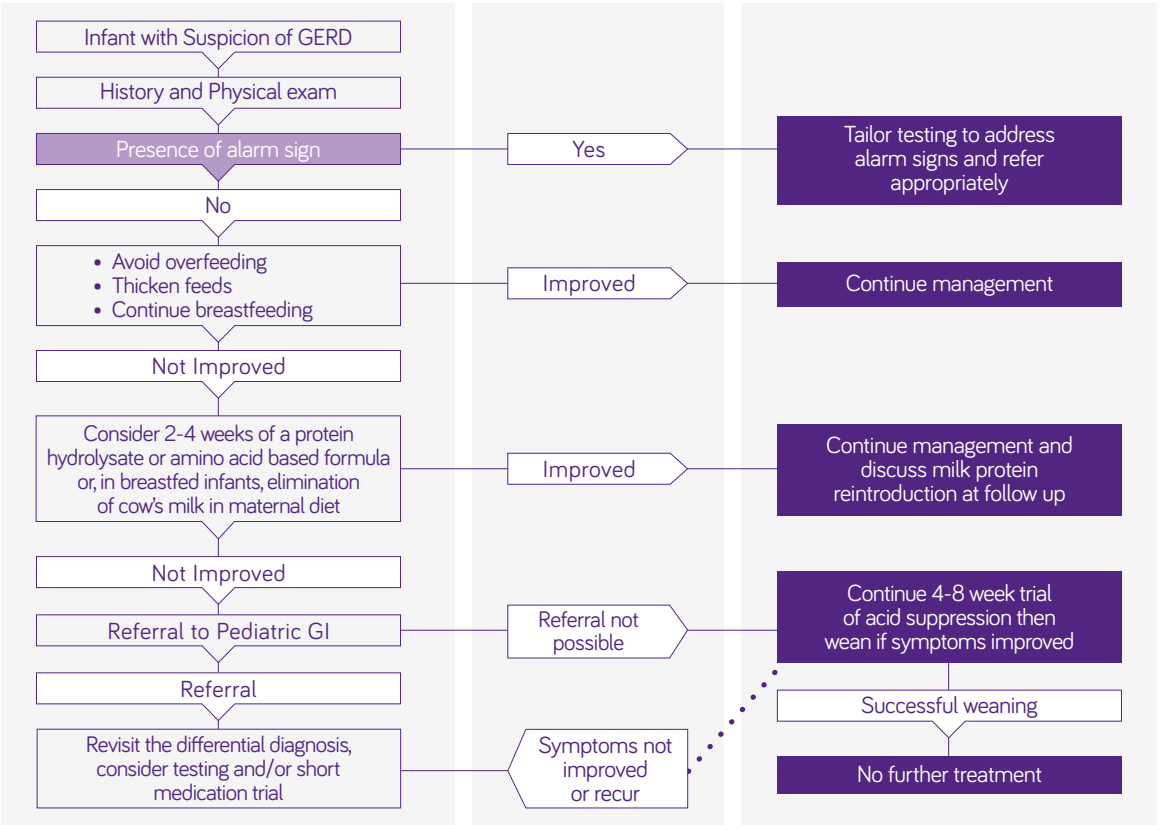


for

3+
WEEKS



without the presence of other symptoms



References: 1. Rosen R et al, Pediatric Gastroesophageal Reflux Clinical Practice Guidelines: Joint Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition and the European Society for Pediatric Gastroenterology, Hepatology, and Nutrition. J Pediatr Gastroenterol Nutr 2018; 66(3) 516-554. 2. Benninga MA, et al, Childhood Functional Gastrointestinal Disorders: Neonate/Toddler. Gastroenterology 2016; 150:1443-1455. 3. Lightdale JR, et al, Gastroesophageal reflux: management guidance for the pediatrician. Pediatrics 2013; 131 (5):e1684-e1695.

Products that can help with management of the symptomatic infant

In the absence of alarms signs:

Breast Fed Infant

Formula Fed Infant

Avoid overfeeding

Thicken feeds

Continue breastfeeding

Consider an anti-reflux formula*



For the dietary management of habitual and recurrent vomiting and rumination
Suitable for full term babies, children and adults
Can be used with expressed breast milk or formula milk
GMS listed - pharmacy only
135g carton



For the dietary management of frequent reflux and regurgitation
Nutritionally complete thickened formula with carob bean gum suitable from birth
800g pack

If no improvement, implement a 2-4 week strategy:

Elimination of cow's milk in maternal diet

Introduction of protein hydrolysate or amino acid based formula



Aptamil Pepti 1, Aptamil Pepti 2, Aptamil Pepti Syneo, Neocate LCP and Neocate Syneo, all suitable for the dietary management of cow's milk allergy
400g tin[^]

*Aptamil Anti-Reflux and Cow & Gate Anti-Reflux should not be used in combination with antacids or other thickeners and are not suitable for premature infants.

[^] Aptamil Pepti Syneo is available in 400g and 800g tin

IMPORTANT NOTICE: Breastfeeding is best. Cow & Gate Instant Carobel, Aptamil Anti-Reflux, Cow & Gate Anti-Reflux, the Aptamil Pepti range and the Neocate range are all Foods for Special Medical Purposes and should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Cow & Gate Instant Carobel is for the dietary management of habitual and recurrent vomiting, and rumination. Suitable for full term infants, children and adults. It is not suitable for use as the sole source of nutrition. Aptamil Anti-Reflux and Cow & Gate Anti-Reflux are for the dietary management of frequent reflux and regurgitation and are suitable for use as the sole source of nutrition for infants from birth and/or as part of a balanced diet from 6-12 months. The Aptamil Pepti range is for the dietary management of cow's milk allergy. Aptamil Pepti 1 and Aptamil Pepti Syneo are suitable for use as the sole source of nutrition for infants from birth, and/or as part of a balanced diet from 6-12 months. Aptamil Pepti 2 is only suitable for babies from 6 months as part of a mixed diet. The Neocate range is for the dietary management of cow's milk allergy, multiple food protein allergies or other conditions where an amino acid formula is recommended and are suitable as a sole source of nutrition for infants under one year of age. DABN139070. February 2022.