

HOW TO OPEN THE FIXATION DEVICE OF A PERCUTANEOUS ENDOSCOPIC GASTROSTOMY (PEG) TUBE

The fixation device should not be moved for the first 10 days. If it is too tight or too loose prior to the 10 days, contact the managing healthcare professional immediately.

It is important that you contact your Nutricia Homeward Nurse if you need any additional training.

Before and after handling the tube wash your hands with liquid soap and water, and dry them thoroughly.

There are a variety of fixation devices available, such as those shown here.

The instructions in this guide can be used to support you when opening the different types of fixation device, but note they all open slightly differently.



NOTE:

The fixation device demonstrated in this pictorial guide is made up of two halves.



Hold the smaller half in your fingers, being careful not to pull



With your other hand carefully twist the fixation device either left or right



Once opened, carefully slide the section that you have twisted down the tube



Lift the tube out from the gutter of the other half of the fixation device



Carefully slide this down the tube



Ensure you have cleaned inside the plastic of the fixation device and dry it thoroughly



Slide the first section of the fixation device back to its original position of 2-5mm from skin surface



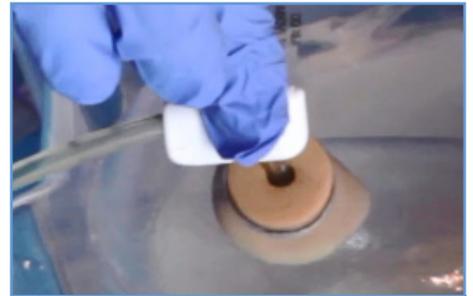
Place the tube back into the gutter



Slide the second section of the fixation device back towards the top of the tube



Slide the two pieces together until they click back into place



Very gently pull the fixation device to ensure the internal bumper is secured against the stomach wall

If you find the fixation device is too loose or too tight repeat these steps until it is positioned 2-5mm from the skin surface.

NOTE:

If the fixation device is not positioned 2-5mm from the skin surface this could result in stoma site complications; such as infections.

This information is intended for patients, or carers, who are being enterally fed.