

NUTRITION INFORMATION	NUTILIS		DISEASE SPECIFIC ONS RANGE					MODULAR ONS RANGE					
	NUTILIS COMPLETE DRINK LEVEL 3	NUTILIS FRUIT LEVEL 4	CUBITAN	DIASIP	PEPTISIP ENERGY HP	RENILON 7.5	FORTICARE	CALOGEN	CALOGEN EXTRA & CALOGEN EXTRA SHOTS	POLYCAL LIQUID	NUTRICIA PREOP	SUPER SOLUBLE MAXIJUL	PROTIFAR
Key Features	Pre-thickened, high energy ONS with fibre.	Pre-thickened, high energy, high protein, semi-solid ONS with fibre.	High protein, with added arginine and specific micronutrients. For the dietary management of chronic wounds.	Low volume ONS with fibre. Suitable for patients with diabetes mellitus and hyperglycaemia. With sugars and sweeteners.	High energy, high protein, peptide based ONS. With sugar and sweeteners.	High energy, low electrolyte, low volume ONS. Suitable for patients with renal disease.	High energy, high protein, low volume ONS with n-3 fatty acids and fibre.	High energy, long chain triglyceride fat emulsion.	High energy fat emulsion containing protein. With sugars and sweeteners.	Concentrated carbohydrate supplement drink.	Clear, iso-osmolar, carbohydrate drink for the pre-operative dietary management of elective surgical patients. With sugars and sweeteners.	Powdered, neutral flavoured carbohydrate energy source.	Powdered, unflavoured, high protein supplement.
Presentations	125ml bottle	150g pot	200ml bottle	200ml bottle	200ml bottle	125ml bottle	125ml bottle	200ml bottle 500ml bottle	200ml bottle 6 x 40ml shots	200ml bottle	200ml bottle	200g tin 132g sachet (NI)	225g tin
kcal per ml/g	2.45	1.37	1.24	1	1.5	2	1.6	4.5	4	2.5	0.5	3.8	3.7
Protein % en	16	20 HP	28 HP	19	20 HP	15	22 HP	0	5	0	0	0	95 HP
Suitable as a Sole Source of Nutrition*	✓	✓	✗	✓	✓	✗	✓	✗	✗	✗	✗	✗	✗
GMS/ACBS listed	Yes/Yes	Yes/Yes	Yes/No	Yes/No	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	No/Yes	Yes/Yes	No/No	Yes/Yes	Yes/Yes
GMS Code	83969	83961	82430	81194	83273	81106	81081	81079 (200ml) 81028 (500ml)	N/A	81066	N/A	81073	81739
Online Approval Needed (ROI)	No	Yes	No	No	No	No	No	No	N/A	No	N/A	No	No
Nutritional Content per serving**	125ml	150g	200ml	200ml	200ml	125ml	125ml	per 30ml	per 40ml	200ml	200ml	per 75g (mixed with 150ml water)	per 2.5g scoop
Energy kcal	306	206	248	208	300	249	204	135	160	494	100	285	9
Protein g	12	10.2	17.6	9.8	15	9.1	11	0	2	0	0	0	2.2
Carbohydrate g of which sugars g	36.4 6.8	25.5 17.0	29 14.2	23 16.8	37.6 8.2	25 6	23.9 17	≤ 123 ≤ 12	1.8 1.4	123.8 24.4	25.2 4.2	71.3 6.5	<0.04 <0.04
Fat g	11.6	6	7	7.6	10.0	12.5	6.6	15	16.1	0	0	0	0.04
Fibre g	4	4	<0.5	5	0.56	0	2.6	0	0	0	0	0	0
Sodium mg (mmol)	113 (4.9)	84 (3.6)	100 (4.4)	110.2 (4.4)	394 (17.1)	85 (3.8)	138 (6)	2.1 (0.1)	28 (1.2)	<10 (<0.4)	100 (4.4)	<15 (<0.6)	2.5 (0.1)
Potassium mg (mmol)	325 (8.3)	240 (6.2)	300 (7.6)	199.2 (5.1)	682 (17.5)	30 (0.8)	269 (6.9)	0	214 (5.5)	<10 (<0.2)	244 (6.2)	<4 (<0.1)	3.5 (0.1)
Phosphorus mg (mmol)	206 (6.6)	75 (2.4)	364 (11.6)	99.2 (3.2)	193.8 (6.3)	8 (0.3)	150 (4.9)	0	79 (2.6)	<10 (<0.4)	1.2 (0)	<4 (<0.1)	17.5 (0.6)
Magnesium mg (mmol)	45 (1.9)	20 (0.75)	84 (3.4)	44.4 (1.8)	59.8 (2.5)	<1.25 (<0.1)	35 (1.5)	0	36 (1.5)	<10 (<0.4)	2 (0.1)	<4 (<0.2)	≤1 (≤0.02)
Calcium mg (mmol)	225 (5.6)	89 (2.3)	450 (11.2)	107 (2.7)	194.6 (4.9)	6 (0.2)	213 (5.3)	0	89 (2.2)	<10 (<0.2)	12 (0.3)	<4 (<0.1)	34 (0.9)
Iron mg	4.8	1.3	6	3.3	4.7	2.5	2.4	0	1.2	0	0	0	0
Vitamin D µg	2.1	1.4	2.6	2.6	4	0	1.4	0	1.2	0	0	0	0
Flavours	Vanilla, Chocolate, Mango-passionfruit, Strawberry, Lemon Tea	Strawberry, Apple	Vanilla, Chocolate, Strawberry	Vanilla, Cappuccino, Strawberry	Café Latte	Apricot, Caramel	Cappuccino, Orange & Lemon, Peach & Ginger	Neutral, Strawberry	Neutral, Strawberry	Neutral	Lemon	Neutral	Neutral



For the most up-to-date product information, refer to the Nutricia Dietetic App



2023 ISSUE



NUTRICIA ONS PRODUCT GUIDE

This information is intended for healthcare professionals only. All products shown are Foods for Special Medical Purposes and must be used under medical supervision. Accurate at time of publication August 2023.

NUTRITION INFORMATION	HIGH PROTEIN ONS RANGE		CORE ONS RANGE					POWDERED ONS	
	FORTISIP COMPACT PROTEIN	FORTISIP 2KCAL	FORTISIP COMPACT	FORTISIP COMPACT FIBRE	FORTISIP	FORTIJUICE	FORTISIP PLANTBASED 1.5KCAL	COMPLAN SHAKE	SCANDISHAKE
Key Features	High energy, high protein, low volume ONS.	High energy, high protein ONS.	High energy, low volume ONS.	High energy, low volume ONS with fibre.	High energy ONS.	High energy, juice style ONS.	High energy, nutritionally complete, vegan ONS. Milk protein free.	High energy, powdered nutritional supplement.	High energy, powdered nutritional supplement.
Presentations	125ml bottle	200ml bottle	125ml bottle	125ml bottle	200ml bottle	200ml bottle	200ml bottle	57g sachets	85g sachets
kcal per ml/g	2.4	2	2.4	2.4	1.5	1.5	1.5	1.6	2
Protein % en	24 HP	20 HP	16	16	16	10	16	16	3.8
Suitable as a Sole Source of Nutrition*	X	✓	✓	X	✓	X	✓	X	X
GMS/ACBS listed	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes
GMS Code	85097	85070	82530	82532	81170	83710	81316	85100	83206
Online Approval Needed (ROI)	No	Yes	No	No	Yes	Yes	Yes	No	Yes
Nutritional Content per serving**	125ml	200ml	125ml	125ml	200ml	200ml	200ml	~237ml (made with 200ml whole milk)	~300ml (made with 240ml whole milk)
Energy kcal	306	400	300	300	300	300	300	380	585
Protein g	18	20.2	12	12	12	7.8	12	15.8	12.5
Carbohydrate g of which sugars g	314 17.1	412 30.8	371 19.3	31.8 16.8	36.8 13.4 (neutral 2.2)	67 27.2	37.2 18.8	44.7 27.6	68.3 30.4 (neutral 19.5)
Fat g	11.8	17.2	11.6	13	11.6	0	11.6	15.9	29.5
Fibre g	0	0	0	4.5	≤ 0.6	0	0.1	<0.1	<0.43
Sodium mg (mmol)	43.8 (1.9)	170.2 (7.4)	120 (5.3)	104 (4.5)	180 (7.8)	17.1 (0.7)	202 (8.8)	209 (9.1)	211 (9.2)
Potassium mg (mmol)	122 (3.1)	344 (8.8)	295 (7.5)	260 (6.7)	318 (8.2)	19.4 (0.5)	444 (11.3)	747 (19.1)	618 (15.8)
Phosphorus mg (mmol)	352.5 (11.4)	312 (10.1)	218 (7.0)	218 (7.0)	156 (5.0)	24 (0.8)	154 (5)	473 (15.3)	365 (11.8)
Magnesium mg (mmol)	67.5 (2.8)	34 (1.4)	41 (1.8)	41 (1.7)	46 (1.8)	3.3 (0.14)	35 (1.4)	72.7 (3)	52.5 (2.2)
Calcium mg (mmol)	438 (10.9)	334 (8.3)	218 (5.4)	206.3 (5.2)	182 (4.6)	50 (1.2)	250 (6.2)	618 (15.4)	369 (9.2)
Iron mg	2.7	6.6	4.8	4.8	4.8	5	4.1	2.1	0
Vitamin D µg	2.6	10	2.3	2.3	2.2	2.6	5.4	4.5	0
Flavours	Cool Red Fruits, Hot Tropical Ginger, Neutral, Vanilla, Banana, Mocha, Strawberry, Peach-Mango, Berries	Vanilla, Chocolate-caramel, Forest Fruit, Mocha, Strawberry	Vanilla, Strawberry, Banana, Mocha, Apricot, Forest Fruit, Chocolate, Neutral	Vanilla, Strawberry, Mocha	Vanilla, Strawberry, Banana, Chocolate, Neutral, Tropical	Apple, Blackcurrant, Forest fruit, Lemon, Orange, Strawberry and Tropical	Mocha, Mango-Passionfruit	Vanilla, Strawberry, Chocolate, Banana, Original	Unflavoured, Vanilla, Banana, Strawberry, Caramel, Chocolate

Suitability Chart

PRODUCT	SUITABLE FOR				
	Vegan	Vegetarian	Kosher	Halal	Lactose Free
Fortisip Compact Range (Compact, Compact Protein & Compact Fibre)	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(5)	X
Fortisip 200ml 2kcal	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(5)	X
Fortisip 200ml Bottle					✓
Fortijuice	X (2, 3)	✓	✓(4)	✓(5)	✓
Fortisip PlantBased 1.5kcal	✓(1)	✓	✓(4)	✓(5)	✓
Calogen	✓(1)	✓(1)	✓(1, 4)	✓(5)	✓
Calogen Extra (& Shots)	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(6)	✓
Cubitan (ROI Only)	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(5)	X
Diasip (ROI Only)	X (1, 2, 3, 7)	X (1, 7)	✓(1, 4)	✓(5)	X
Peptisip Energy HP	X (2, 3)	✓	✓(4)	✓(5)	✓
FortiCare	X (1, 2, 3, 7)	X (1, 7)	✓(1, 4)	✓(5)	✓
Nerilon 7.5	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(5)	X
Super Soluble Maxijul	✓	✓	✓(4)	✓(6)	✓
Polycal Liquid	✓	✓	✓(4)	✓(5)	✓
Nutricia PreOp	✓	✓	✓(4)	✓(5)	✓
Protifar	X (3)	✓	✓(4)	✓(6)	X
Nutrilis Range Level 3	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(6)	X
Nutrilis Range Level 4	X (1, 2, 3)	✓(1)	✓(1, 4)	✓(6)	✓
Complan Shake	X (2, 3)	✓	✓(4)	✓(6)	X
Scandishake	X (2, 3)	✓	✓(4)	✓(6)	X

ALL PRODUCTS LISTED ARE GLUTEN FREE

1 Flavours containing carminic acid are not suitable. 2 Not suitable as vitamin D is prepared from the wool of healthy living sheep. 3 Not suitable as it contains milk. 4 Nutricia has kosher approval for these products. 5 Certified by the Halal Food Council of Europe. 6 These products do not contain any ingredients that are forbidden in the Halal diet; however, the manufacturing process is not observed by the relevant religious body so they do not have official Halal certification. 7 Not suitable as it contains fish oils.

For further advice on allergens and cultural diet information, please refer to individual product labels and data cards. You can also contact our team for advice at support.ireland@nutricia.com.

Nutricia Customer Support
ROI 1800 923 404 / NI 0800 783 4379
support.ireland@nutricia.com

Further information
Refer to the Nutricia Dietetic App or visit www.nutricia.ie

Notes



Use your phone to scan the QR code for access to the Nutricia Dietetic App

KEY: **HP** High protein (≥20% energy from protein)

*For information on nutritionally complete volumes, please refer to the Nutricia Dietetic App. **Only selected nutrients are shown. Please refer to the product label or Nutricia Dietetic App for further nutritional information.

Minor variations in nutritional composition may occur between flavours (e.g. chocolate flavours may contain slightly more fibre). For information on a particular flavour, please refer to individual packaging or contact support.ireland@nutricia.com.

CL2282

Block 1, Deansgrange Business Park,
Deansgrange, Co. Dublin, A94 P9T3
www.nutricia.ie

NUTRICIA
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