

**WITH NUTRICIA ACADEMY, LEARNING COULDN'T BE SIMPLER.**



**Personalised educational resources tailored to your individual learning needs**



**Bookmark content and mark as complete to track your progress**



**Podcasts, e-learning, webinars and more to support your professional development**



**Simple to register and fully optimised across mobile, tablet and desktop platforms**

VISIT  
[www.nutricia.ie/hcp/academy.html](http://www.nutricia.ie/hcp/academy.html)  
or scan the QR code to register  
and start your own personalised  
learning experience.

This information is intended for healthcare professionals only.



# ONCOLOGY E-LEARNING CONTENT

For our full suite of oncology e-learnings,  
please visit [www.Nutricia.ie](http://www.Nutricia.ie)



**NEW!**

## Body Composition Assessment in Oncology:

A timeless competency  
for dietitians

**Professor Carla Prado** focuses on the pros and cons of different body composition assessment methods, from BIA and ultrasound, to more practical measures such as calf circumference and the role of GLIM in malnutrition assessment.



**NEW!**

## Optimising Oncology Nutrition Support:

Implementing an enhanced  
dietetic assessment and  
introducing the glim criteria

**Emma Atkinson, Advanced Oncology Dietitian**, gives an overview of a project carried out at Queen Elizabeth Hospital Gateshead looking at the prevalence of cachexia using the GLIM criteria alongside the Malnutrition Universal Screening Tool (MUST).



**NEW!**

## Treating Cancer Cachexia: Past, present & future

Acknowledging the high prevalence of cancer cachexia, **Professor Barry Laird** presents on the role of systemic inflammation in predicting outcomes. Professor Laird explains how nutrition, exercise and inflammation form the pillars of optimising patient care.



## The 3 P's of Cancer Prehabilitation...

Prepare, prepare, prepare

**Consultant Dietitian Mhairi Donald** discusses the importance of prehabilitation for patients with cancer, the types of prehabilitation intervention, and nutritional strategies to support patients as they prepare for treatment.

