

DIETARY MANAGEMENT OF INHERITED METABOLIC DISORDERS CONFERENCE 2025

10th April 2025

The Royal Society of Medicine, London

Thursday, 10th April: Chair for morning session: **Anne Daly**, Birmingham

Royal College
of Pathologists
CPD approval
for 7 CPD
Credits

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| 09.00–09:20 | REGISTRATION AND COFFEE | |
| 09:20–9:30 | Welcome | |
| 9:30–10:00 | IMD pregnancies | Charlotte Ellerton, Specialist Dietetic Practitioner in Metabolics, London |
| 10:00–10:30 | Home blood monitoring | Professor Anita McDonald, Consultant Dietitian in Inherited Metabolic Disorders, Birmingham |
| 10:30–11:00 | BREAK | |
| 11:00–11:30 | Dietary treatment of Methylmalonic Acidaemia: A survey to examine the practice of adult metabolic Dietitians in UK and Ireland | Melanie Hill, Specialist Dietitian for Adult Inherited Metabolic Diseases, Sheffield |
| 11:30–12:00 | A screening tool for identifying disordered eating in Phenylketonuria | Sharon Evans, Metabolic Dietitian |
| 12:00–12:30 | TBC | TBC |
| 12.30–13.30 | LUNCH | |
| 13:30–14:30 | WORKSHOP A: Transitioning on age-appropriate protein substitutes | Alexa Sparks, Lead Specialist Dietitian and Kirsty Leighton, Metabolic Dietitian, Newcastle and Scotland |
| | WORKSHOP B : Promoting best practice in PKU and the reproductive pathway | Suzanne Ford, Metabolic Specialist and Society Dietitian, Bristol and NSPKU |
| 14:30–15:00 | BREAK | |
| 15:00–16:00 | WORKSHOP A: Promoting best practice in PKU and the reproductive pathway | Suzanne Ford, Metabolic Specialist and Society Dietitian, Bristol and NSPKU |
| | WORKSHOP B: Transitioning on age-appropriate protein substitutes | Alexa Sparks, Lead Specialist Dietitian and Kirsty Leighton, Metabolic Dietitian, Newcastle and Scotland |
| 16:05–16:15 | CLOSE FROM NUTRICIA | |