

DIETARY MANAGEMENT OF INHERITED METABOLIC DISORDERS CONFERENCE 2025

10th April 2025

The Royal Society of Medicine, London

Thursday, 10th April: Chair for morning session: **Anne Daly**, Birmingham

Royal College
of Pathologists
CPD approval
for 7 CPD
Credits

09.00-09:20	REGISTRATION AND COFFEE	
09:20-9:30	Welcome	
9:30-10:00	IMD pregnancies	Charlotte Ellerton, Specialist Dietetic Practitioner in Metabolics, London
10:00-10:30	Home blood monitoring	Professor Anita McDonald, Consultant Dietitian in Inherited Metabolic Disorders, Birmingham
10:30-11:00	BREAK	
11:00-11:30	Dietary treatment of Methylmalonic Acidaemia: A survey to examine the practice of adult metabolic Dietitians in UK and Ireland	Melanie Hill, Specialist Dietitian for Adult Inherited Metabolic Diseases, Sheffield
11:30-12:00	A screening tool for identifying disordered eating in Phenylketonuria	Sharon Evans, Metabolic Dietitian, Birmingham
12:00- 12:30	Challenges in Tyrosinaemia Type 1	Dr Roshni Vara, London
12.30-13.30	LUNCH	
13:30-14:30	WORKSHOP A: Transitioning on age-appropriate protein substitutes	Alexa Sparks, Lead Specialist Dietitian and Kirsty Leighton, Metabolic Dietitian, Newcastle and Scotland
	WORKSHOP B : Promoting best practice in PKU and the reproductive pathway	Suzanne Ford, Metabolic Specialist and Society Dietitian, Bristol and NSPKU
14:30-15:00	BREAK	
15:00-16:00	WORKSHOP A: Promoting best practice in PKU and the reproductive pathway	Suzanne Ford, Metabolic Specialist and Society Dietitian, Bristol and NSPKU
	WORKSHOP B: Transitioning on age-appropriate protein substitutes	Alexa Sparks, Lead Specialist Dietitian and Kirsty Leighton, Metabolic Dietitian, Newcastle and Scotland
16:05-16:15	CLOSE FROM NUTRICIA	