

DIETARY MANAGEMENT OF INHERITED METABOLIC DISORDERS CONFERENCE 2026

22nd April 2026

The Royal Society of Medicine, London

Wednesday, 22nd April: Chair for morning session: **Marjorie Dixon**, London

09.00–09:15	<i>REGISTRATION AND COFFEE</i>	
09:15–9:30	<i>Welcome</i>	Marjorie Dixon, Clinical Lead Dietitian for Metabolic Medicine, London
9:30–10:00	<i>History of DMIMD</i>	Pat Portnoj, DMIMD Expert
10:00–10:30	<i>How Newborn screening has transformed IMD Dietetic Practice</i>	Camille Newby, Lead Specialist Paediatric Dietitian in Inherited Metabolic Disease, Bristol
10:30–11:00	<i>BREAK</i>	
11:00–11:45	<i>Long-term Outcomes of Individuals with Metabolic Diseases Identified Through Newborn Screening</i>	Professor Ulrike Mütze, Associate Professor, Metabolic Medicine, Heidelberg
11:45–12:30	<i>Human Milk Feeding in Inherited Metabolic Disorders – State of Play and Future Perspectives</i>	Alexander Höller, Dietitian, Head of Division for Nutrition and Dietetics, Innsbruck, Austria
12.30–13.30	<i>LUNCH</i>	
13:30–14:30	<i>WORKSHOP A: A New Tool or a New Risk? Weight-Loss Injections in Inherited Metabolic Disorders</i>	Sarah Firman, Principal Dietitian in Adult Inherited Metabolic Disorders and Jennifer Cook, Specialist Dietitian, London
	<i>WORKSHOP B: Dietary Management of Classical Homocystinuria – Sharing Practice</i>	Lucy White, Specialist Paediatric Dietitian in Inherited Metabolic Disease, Sheffield
14:30–15:00	<i>BREAK</i>	
15:00–16:00	<i>WORKSHOP A: A New Tool or a New Risk? Weight-Loss Injections in Inherited Metabolic Disorders</i>	Sarah Firman, Principal Dietitian in Adult Inherited Metabolic Disorders and Jennifer Cook, Specialist Dietitian, London
	<i>WORKSHOP B: Dietary Management of Classical Homocystinuria – Sharing Practice</i>	Lucy White, Specialist Paediatric Dietitian in Inherited Metabolic Disease, Sheffield
16:05–16:15	<i>CLOSE FROM NUTRICIA</i>	