



INTRODUCING... FORTIMEL PLANTBASED ENERGY

Our first ever plant-based oral nutritional supplement

As a growing number of patients embrace a plant-based diet, we recognise the importance of providing an oral nutritional supplement (ONS) that can meet your patient's nutritional needs without compromise on their lifestyle preferences that can meet your

Fortimel PlantBased Energy is a high energy, nutritionally complete, ready to drink plant-based ONS that is made with pea & soy protein and is suitable for a vegan diet.

This content is for healthcare professionals only.
Fortimel PlantBased Energy is a Food for Special Medical Purposes for the dietary management of disease related malnutrition and must be used under medical supervision.

MEETING PATIENTS' MEDICAL NUTRITIONAL NEEDS & SUPPORTING LIFESTYLE PREFERENCES



High Energy & Nutritionally Complete

Designed to meet the increased energy requirements of patients with disease related malnutrition



12g Plant Protein

Contains a blend of high quality plant protein made from pea & soy sources which meets the FAO 2013 recommended amino acid reference pattern for adults and has a PDCAAS* of 1¹⁻³



Suitable for a Vegan Diet Lactose free



Available in Two Delicious Flavours, Liked and Selected by Healthy Adults**

A refreshing blend of passionfruit and mango flavours
Mocha – our signature blend of coffee & chocolate flavours

* Protein Digestibility Corrected Amino Acid Score

**Product evaluation with n=83 healthy adults above 40 years old (2021, Spain)

1. Rutherford SM, et al. J Nutr. 2015;145(2):372-9. 2.
2. Yang H, et al. Agro Food Ind Hi-Tech. 2012;23:8-10.
3. Report of an FAO Expert Consultation. 2013.

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NUTRICIA
Fortimel
PlantBased Energy

AN INNOVATION SUPPORTED BY EVIDENCE

In a single arm, 4-week intervention study among community-living patients at risk of malnutrition:^{4,5,6}



Patients and healthcare professionals reported Fortimel PlantBased Energy was well tolerated



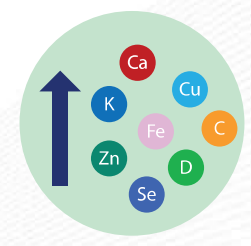
Patients were 94% compliant to their prescription of Fortimel PlantBased Energy over the 4 weeks intervention



Fortimel PlantBased Energy significantly increased daily energy and protein intake compared to baseline



Malnutrition risk according to MUST* score was significantly reduced in patients at high nutritional risk over the 4-week intervention period



Alongside dietary advice, Fortimel PlantBased Energy significantly increased total daily micronutrient intake**

* Malnutrition Universal Screening Tool **Compared to baseline for several micronutrients including potassium, calcium, iron, copper, zinc, selenium, vitamin D and vitamin C.
4. Griffen C, et al. Abstract no. ESPEN22-LB-2147. Presented at ESPEN Congress, Vienna, 3rd-6th September 2022.
5. Delsoglio M, et al. Abstract no. ESPEN22-LB-2139. Presented at ESPEN Congress, Vienna, 3rd-6th September 2022
6. Griffen C, et al. Abstract no. ESPEN23-LB-2287. Presented at ESPEN Congress, Lyon, 11-14th September 2023.

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