

**PRECISION KETOGENICS FOR OPTIMAL OUTCOMES: STRATEGIC  
 PATIENT SELECTION AND BIOMARKER INSIGHTS IN DIET OPTIMISATION**

Thursday 10th October 2024

**MEETING AGENDA**

London – Barbican Centre, Silk St, Barbican, London EC2Y 8DS

**MORNING SESSIONS**  
**CHAIR: Dr Christin Eltze, Consultant Paediatric Neurologist, London**

09:00 – 9:45	Registration and Networking, refreshments
09:45 – 10:00	Welcome from Nutricia and Chair
10:00 – 10:40	Optimising Patient Selection: Predicting responsiveness of Ketogenic Therapy – The Clinician’s perspective <i>Prof Anastasia Dressler, Vienna</i>
10:40 – 11:10	Advancing Patient Selection through biochemical markers <i>Prof Simon Heales, London</i>
11:10 – 11:30	<b>BREAK</b>
11:30 – 12:00	Optimising Precision: Dietetic Strategies for Individualised Ketogenic Diet Therapy <i>Zoe Simpson ACP, London</i>
12:00 – 12:40	The Keto Conundrum: Evaluating the Contemporary Landscape of Ketogenic Diet Therapy <i>Speakers: Dr Alasdair Parker, Cambridge; Dr Anita Devlin, Newcastle</i>
12:40 – 13:30	<b>LUNCH</b>

**AFTERNOON SESSIONS**  
**CHAIR: Dr Suresh Pujar, Consultant Paediatric Neurologist, London**

13:30 – 14:30	Scientific Presentations
14:30 – 14:50	<b>BREAK</b>
14:50 – 15:20	Exploring the Impact: Investigating the Influence of Complex Epilepsy on Mental Health <i>Dr Sally Willis, Newcastle</i>
15:20 – 15:50	Understanding the Link: A Panel Discussion on the Interplay Between Complex Epilepsy, Ketogenic Diet Therapy, and Mental Health in the Family Context <i>Prof Anastasia Dressler, Dr Sally Willis, Zoe Simpson</i>
15:50 – 16:00	<b>CLOSE - Nutricia</b>
16:00 onwards	<b>Celebration</b>

*Disclaimer: the program and timing may be subject to change*