

Reduce, Reuse, Recycle

GUIDE TO WASTE MANAGEMENT IN HOME TUBE FEEDING



Reduce, Reuse, Recycle

When starting to tube feed at home you may have more waste or rubbish to manage. The following information will help you to reduce and recycle where possible, and make sure all waste from tube feeding is managed correctly.

REDUCE

The best way to manage waste is to only order the medical nutrition supplies you need.



Nutricia Homeward MyConneX is a simple way of managing monthly Nutricia Homeward orders. The system can be accessed on a laptop, tablet or smart phone and there is also an app available in the App Store and on Google Play.

For more information on Nutricia Homeward MyConneX and to request login details please contact Nutricia Homeward.

- Email: nutricia.homeward@nutricia.com
- Telephone: **0800 093 3672**

If there are items on your regimen which you no longer use, please talk to your healthcare professional.

REUSE

Some single use plastic items such as syringes and containers can be switched to reusable options and items such as giving sets can be safely used for up to 24 hours*.

If you would like to move to reusable items, please talk to your healthcare professional.



*There may be specific reasons why your healthcare professional recommends using more than one giving set every 24 hours. Please discuss with your healthcare professional.

RECYCLE

Guidance on managing tube feed waste is below.

If you have any questions or are unsure about how to dispose of certain waste, please check with your healthcare professional.

RECYCLING	SOFT PLASTIC	GENERAL
Fortisip Oral Nutritional Supplements -bottles, cups, shots and pots (Tetrapaks – please check your local recycling collection) Nutrison/Nutrini OpTri bottles Tins Flocare containers Reusable bottles Booklets, cartons, outer boxes, paper from giving set and container packaging	Plastic bags used for deliveries	Sachets Giving sets Feeding tubes Gloves Wipes Swabs Gauze Syringes
		
 Household recycling	 Soft plastic collection points, often at large supermarkets	 Household waste

Enteral feeding pumps, Z stands, Go Frames and Go Bags are cleaned and refurbished and sent to others who are tube feeding at home. Please contact Nutricia Homeward to arrange a collection.

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Local councils may have different guidelines, more information can be found here





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