

NOURISH YOUR EXPERTISE

AGENDA

08.30 - 09.30 ARRIVAL & REGISTRATION

09.30 - 09.40 **Chair's opening**
Bahee van der Bor - Specialist Paediatric Dietitian

09.40 - 10.20 **Prebiotics, probiotics & the gut microbiome: optimising immunity & allergy management in children**
Bahee van der Bor - Specialist Paediatric Dietitian

10.20 - 11.00 **Nutrition in a heart beat - understanding the dietetic challenges of the child with congenital heart disease**
Samantha Armstrong - Specialist Paediatric Dietitian

11.00 - 11.30 BREAK

11.30 - 12.10 **Exploring the role of paediatric dietitians in achieving the NHS Green Plan**
Dr Luise Marino, Associate Director Research – AHP, Clinical Academic Paediatric Dietitian

12.10 - 12.50 TBC

12.50 - 13.50 LUNCH

13.50 - 14.30 **An update on paediatric food allergy and immunotherapy**
Prof, Jonathan Hourihane - Consultant Paediatrician

14.30 - 15.10 **The hidden struggle: nutrition support for children in diverse and low-income communities**
Susan Meredith, Jodie Owen and Sophie Rawlings - Community Paediatric Dietitians

15.10 - 15.30 BREAK

15.30 - 16.10 **Practical strategies for paediatric dietitians - supporting highly selective eaters & ARFID**
Angharad Banner - Highly Specialist Paediatric & CAMHS Dietitian

16.10 - 16.20 SUMMARY AND CLOSE