



PCRS Online Approval System: Guidance for Applications for Fortisip PlantBased 2kcal, Fortisip PlantBased 1.5kcal and Fortijuice

The guidance under each product listed below is intended to help you develop a clinical rationale that should satisfy PCRS approval criteria. Please note that some suggested rationale points may need to be adapted to reflect the patient's specific clinical condition and circumstances.



Fortisip PlantBased 2kcal:

Patient requires a high-protein (>20% energy from protein) oral nutritional supplement due to increased needs associated with [insert clinical condition, e.g. cancer, COPD]. A vegan or dairy-free option is required, or strongly preferred for personal reasons. No suitable alternative is available on List.



Fortisip PlantBased 1.5kcal:

Patient requires vegan ONS. No suitable alternative on List A.

Or

Patient requires dairy free ONS. No suitable alternative on List A.

Or

Patient has strong preference for plant-based nutrition support for personal reasons. No suitable alternative on List A.



Fortijuice:

Milk-based oral nutritional supplements trialled but not tolerated by patient therefore juice style supplement recommended. No suitable alternative on List A.

Or

Patient requires fat-free oral nutritional supplement due to [insert clinical condition e.g. Chylothorax]. No suitable alternative on List A.

Or

Patient requires lactose-free oral nutritional supplement due to [insert clinical condition e.g. lactose intolerance]. No suitable alternative on List A.

Or

Patient requires low levels of minerals and/or electrolytes due to [insert clinical condition e.g. renal impairment]. No suitable alternative on List A.